

Music Together of Vienna



MUSIC TOGETHER® SING AND GROOVE

Instructor: Linda Criscitello

Ages: Newborn – 5 years and their moms, dads, relatives and/or caregivers

Each week in Music Together® mixed-age classes, babies, toddlers, preschoolers and the grownups who love them gather for 45 minutes of fun-filled family music time. Music activities range from lullabies to full-on jam sessions (with child-friendly instruments, of course!) You will take home the award-winning music used in class, along with an illustrated songbook and an access code to Music Together® online Family Music Zone to download the collection to your digital devices. It is so much fun you will not realize how much learning is taking place! Families will bring a yoga mat and a bag or container of homemade or real instruments from home each week. A "What to Bring" email will be sent prior to each class. ***Classes held in the auditorium.**

Saturday: September 26 – December 5 (no class Oct 3, Nov 14 and Nov 28)

8:30a.m., 9:30a.m. and 10:30a.m.

To register, please visit musictogethersingandgroove.com.

For more information, call **703-282-4786**.

Fee: R \$194 / NR \$232 — 8 Classes

MUSIC TOGETHER® CON ESPAÑOL

Instructor: Ana Rigal

Ages: Newborn – 5 years and their moms, dads, relatives and/or caregivers

Enjoy all the benefits of a classic Music Together Mixed-age Family Class, now with added Spanish lyrics and bilingual recordings too! Regardless of your level of proficiency with the Spanish language, you and your child will love the music, the dancing, and enjoy singing the songs from our current song collection in English and Spanish! Family activities are provided in Spanish to supplement the take-home materials in English. In addition to your weekly classes, tuition includes materials for you to use at home, access to the online Family Music Zone and Hello Everybody app! Masks required. Maximum of 6 families can register. ***Classes held in upper level classroom.**

Tuesday: September 22 – November 17 (no class Nov 3)

10:30a.m.

To register, please visit musictogethersingandgroove.com.

For more information, call **703-282-4786**.

Fee: R \$194/ NR \$232 — 8 Classes

GYMNASTICS

GYMNASTICS PREP

Instructor: Shannon Lake

Hi Friends! It is time to get ready for gymnastics again. Join me for some fun with music, stretching, animal walks, balance and strength activities, and some basic gymnastics skills. Child **MUST** be able to adhere to our current safety guidelines. *No Class Nov 3, Nov 11*

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
204062-A1	9/22-11/17	8	Tu	1:15-2:00pm	3-5	\$48/\$60
204062-B1	9/22-11/17	8	Tu	2:15-3:00pm	3-5	\$48/\$60
204062-C1	9/22-11/17	8	Tu	3:15-4:00pm	3-5	\$48/\$60
204062-D1	9/23-11/18	8	W	9:45-10:30am	3-5	\$48/\$60
204062-F1	9/23-11/18	8	W	10:45-11:30am	3-5	\$48/\$60
204062-G1	9/23-11/18	8	W	1:15-2:00pm	3-5	\$48/\$60
204062-H1	9/23-11/18	8	W	2:15-3:00pm	3-5	\$48/\$60
204062-I1	9/23-11/18	8	W	3:15-4:00pm	3-5	\$48/\$60
204062-J1	9/24-11/19	9	Th	9:45-10:30am	3-5	\$54/\$67.50
204062-K1	9/24-11/19	9	Th	10:45-11:30am	3-5	\$54/\$67.50
204062-L1	9/24-11/19	9	Th	1:15-2:00pm	3-5	\$54/\$67.50
204062-M1	9/24-11/19	9	Th	2:15-3:00pm	3-5	\$54/\$67.50
204062-N1	9/24-11/19	9	Th	3:15-4:00pm	3-5	\$54/\$67.50

GYMNASTICS PREP FOR AGES 5-13

Instructor: Shannon Lake

It is time to get our bodies ready for gymnastics again. In this class, we will work on our cardio fitness, flexibility, strength, jumps, balance, and basic gymnastics skills so we can be ready for gymnastics with equipment when the time comes. *No Class Oct 28, Nov 3, Nov 11*

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
214061-A1	9/22-11/17	8	Tu	4:15-5:00pm	5-13	\$48/\$60
214061-B1	9/22-11/17	8	Tu	5:15-6:00pm	5-13	\$48/\$60
214061-C1	9/22-11/17	8	Tu	6:15-7:00pm	5-13	\$48/\$60
214061-D1	9/22-11/17	8	Tu	7:15-8:00pm	5-13	\$48/\$60
214061-E1	9/23-11/18	7	W	4:15-5:00pm	5-13	\$42/\$52.50
214061-F1	9/23-11/18	7	W	5:15-6:00pm	5-13	\$42/\$52.50
214061-G1	9/23-11/18	7	W	6:15-7:00pm	5-13	\$42/\$52.50
214061-H1	9/23-11/18	7	W	7:15-8:00pm	5-13	\$42/\$52.50
214061-I1	9/24-11/19	9	Th	4:15-5:00pm	5-13	\$54/\$67.50
214061-J1	9/24-11/19	9	Th	5:15-6:00pm	5-13	\$54/\$67.50
214061-K1	9/24-11/19	9	Th	6:15-7:00pm	5-13	\$54/\$67.50
214061-L1	9/24-11/19	9	Th	7:15-8:00pm	5-13	\$54/\$67.50

Sign Up for Vienna Happenings E-Newsletter

Visit www.viennava.gov/happenings to sign up to receive the Town's weekly email with updates on fun events and things to do in Vienna!

PRESCHOOL & YOUTH CLASSES



SPORTS & GAMES FOR KIDS

Instructor: Chris Kurtzman

Come join the fun and get active in this dynamic sports and games class while learning sportsmanship and team work. Each week we will introduce fundamental rules and skills of a sport and then reinforce with a variety of games. Sports and games include soccer, basketball, hockey, volleyball, track and field/triathlon, flag football, baseball/kickball, battleship, friendship tag, alarm clock, pound puppies, super troopers and a lot more *No Class Oct 12*

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
204706-A1	9/21-11/30	10	M	1:30-2:45pm	3-6	\$150/\$187.50
204706-B1	9/22-11/24	10	Tu	1:30-2:45pm	3-6	\$150/\$187.50

ALL SPORTS FOR KIDS

Instructor: Helen Petrakes

All Sports will teach the fundamentals of a variety of team sports including soccer, basketball, baseball, hockey, volleyball and track and field. Kids will enjoy playing new games such as; Rainbow Run, End Zone Trappers, Battleship, Bye-Bye Tag and much more.

We will focus on large motor skill development and ball handling skills, as well as emphasizing good sportsmanship and teamwork. *No Class Nov 11, Nov 25*

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
204707-A1	9/23-12/2	9	W	1:15-2:30pm	3-6	\$135/\$168.75
204707-B1	9/24-11/19	9	Th	1:30-2:45pm	3-6	\$135/\$168.75

LITTLE HOOPERS

Instructor: Brian Lonardo

The Little Hoopers class will focus on exercise, improving locomotor movements and basketball skills. We will start with warm-up games like see you later tag, tunnel tag, use an agility ladder and mini hurdles. For basketball, we will work on stationary dribbling, sit-down passing drills, jump stops and pivot, rebounding, playing defense on and away from the ball. The class will be taught by Brian Lonardo, Nursery school/Elementary PE teacher, youth basketball coach and summer camp director. *No Class Nov 13*

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
204091-A1	9/25-11/20	8	F	1:30-2:30pm	4-6	\$126/\$158



LIL' BOOTS JUNIORS

Instructor: Golden Boot Soccer

Lil Boots Juniors is a one-hour soccer class specially designed to create a positive, active experience for young players while helping them learn the basic fundamental skills of the game. Our innovative and interactive storytelling curriculum focuses on teaching soccer fundamentals through fun activities and small-sided games that keep campers excited and engaged. Children will develop their confidence and coordination, along with their physical, mental, and social skills in a positive, non-competitive environment with warm and enthusiastic professional trainers.

Location: Caffi Field

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
204333-A1	9/22-11/10	8	Tu	1:30-2:30pm	3-4	\$166/\$208

LIL' BOOTS ADVANCED

Instructor: Golden Boot Soccer

Lil Boots Advanced is the perfect introduction to the wonderful game of soccer for slightly older players. Through innovative and engaging activities, they will learn the fundamentals of soccer in a positive and active way, then get to practice them in low-key, small-sided games. Our perceptive, professional trainers build self-esteem and confidence and promotes sportsmanship and fair play, while also developing players social skills in a noncompetitive environment.

Location: Caffi Field

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
204334-A1	9/22-11/17	8	Tu	2:30-3:30pm	5-6	\$166/\$208

TENNIS 1 & 2



Instructor: First Serve Tennis

Players learn and review the fundamental strokes with emphasis on developing rallying skills.

Player-Coach ratio is 6:1.

No Class Oct 12

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
214040-A1	9/14-11/23	10	M	3:30-4:20pm	6-8	\$240/\$290
214040-B1	9/14-11/23	10	M	4:30-5:20pm	6-8	\$240/\$290
214040-C1	9/14-11/23	10	M	5:30-6:20pm	8-10	\$240/\$290
214040-D1	9/14-11/23	10	M	6:30-7:20pm	10-14	\$240/\$290



PRESCHOOL & YOUTH CLASSES



STEMTREE
Your Education Center

TWOSEY DOODLERS

Instructor: Abrakadoodle

This is a special art class just for toddlers and parents (or helpers). Little fingers will experiment with painting, gluing, sticking, printing and creating, while developing fine motor, language and self-help skills. This is an "I can do it!" class that is fun and creative! Each session has new activities and moms' helpers get to play too. A \$32 materials fee is due on the first day of class.

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
207250-A1	9/22-11/10	8	Tu	9:00-9:45am	1.5-3	\$116/\$146
207250-B1	9/22-11/10	8	Tu	10:45-11:30am	1.5-3	\$116/\$146



MINI DOODLERS

Instructor: Abrakadoodle

Children develop their creativity through carefully designed lessons that ignite the imagination and develop skills. Using real artists' materials including watercolors, tempera paints, oil pastels, creative tools and more, the children create masterpieces that are truly unique. A materials fee of \$32 is due the first day of class.

No Class Nov 11

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
207251-A1	9/22-11/10	8	Tu	1:15-2:00pm	3-6	\$116/\$146
207251-B1	9/23-11/18	8	W	1:15-2:00pm	3-6	\$116/\$146

TINY TOTS DANCE

Instructor: Velocity Dance

This class focuses on teaching your dancer the basics of dance as well as working on overall body awareness, performance and showmanship, musicality, following directions and working with peers. Dancers will learn Ballet, Jazz and Hip Hop. We use popular music, upbeat choreography and games to keep dancers engaged and excited about class. *No Class Oct 12*

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
208100-A1	9/21-11/16	8	M	4:00-5:00pm	4-6	\$160/\$200

STORYBOOK BALLET

Instructor: Adrenaline Dance Force

This ballet class will expose your little ballerina to many of the classical ballet stories such as Sleeping Beauty, Cinderella and The Nutcracker through literature, storytelling and music. Basic ballet concepts will be introduced to lay a positive technical foundation (i.e.: positions, plies, etc.). Students will enjoy being exposed to real ballet stories to create a love for this classical art form! An in-class parent showcase will be held on the last day of class. *No Class Oct 12*

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
228107-A1	9/21-11/30	10	M	1:15-2:00pm	3-6	\$150/\$187.50
228107-B1	9/21-11/30	10	M	3:00-3:45pm	3-6	\$150/\$187.50

STEMTREE CODING WITH FUN

Instructor: Stemtree

Students will learn the computer programming concepts in a fun and interactive way. They will combine media elements to create and share their own interactive stories, animations, games, music, and art. Students will learn basic reasoning and problem-solving skills; and they will have an opportunity to think creatively, communicate clearly, use technology fluently, and collaborate effectively.

No Class Nov 11, Nov 25

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
214462-A1	9/30-12/16	10	W	5:30-6:30pm	6-11	\$260/\$310

STEMTREE ROBOTICS

Instructor: Stemtree

All facets of our life are affected by engineering — mechanical, civil, software — just to name a few. To be successful in the field of engineering, creative problem-solving abilities are a must. Stemtree Engineering Workouts use the wonder and genius of robots to inspire students to learn engineering, apply their knowledge and skills of basic science, model construction, computer programming, and problem solving to explore STEM concepts. This is both a perfect introduction to the world of robotics for younger students and an opportunity to expand the knowledge base of older students. *No Class Oct 12*

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
214661-A1	9/21-11/30	10	M	5:30-6:30pm	6-11	\$260/\$310

ADRENALINE DANCE FORCE HIP HOP

Instructor: Adrenaline Dance Force

Our ADF hip hop dancers will learn the latest street dancing technique, performance skills and confidence. Hip Hop is an ever-evolving style performed to current hip hop music. The Adrenaline Dance Force classes offer the ability to improve hip hop style, increase memory and improve balance by staying grounded and strong through upper and lower body movement. Adrenaline's experienced staff brings excitement to this class with the latest hip hop moves and age appropriate music! An in-class parent showcase will be held on the last day of class. *No Class Nov 11*

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
228101-A1	9/25-12/11	10	F	7pm-8pm	6-12	\$150/\$187.50

ADRENALINE CHEER & TUMBLING

Instructor: Adrenaline Dance Force

Our cheer class is designed to teach basic to advanced concepts of cheer. We will work on motions and jump technique, stunting basics and cheer dances. All of our cheerleaders will gain strength, performance techniques and improve on their showmanship! Our tumblers will learn tumbling basics, flexibility and beginning/intermediate level skills such as rolls, cartwheels and back bends. An in-class parent showcase will be held on the last day of class. *No Class Nov 27*

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
228105-A1	9/25-12/11	10	F	5pm-6pm	6-12	\$150/\$187.50