

# Vienna

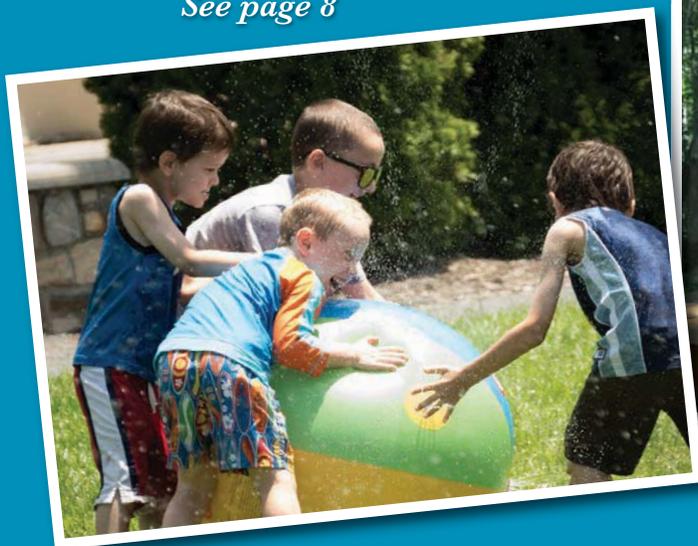
SUMMER 2016

PARKS AND RECREATION PROGRAMS AND EVENTS GUIDE



## SUMMER CAMPS

*See page 8*



## SPECIAL EVENTS

*See pages 18 to 22 and back cover*

TOWN OF VIENNA PARKS AND RECREATION  
*Creating community through people, parks and programs*

# SUMMER 2016 GENERAL INFORMATION



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## PARKS AND RECREATION DIRECTOR

Leslie Herman, CPRP..... 703-255-6356

## COMMUNITY CENTER

Leon Evans, Community Center Manager..... 703-255-6355

Nick Jones, Assistant Manager..... 703-255-5726

## PARKS

John King, Parks Manager..... 703-255-6336

Gary Lawrence, Arborist/Horticulturist..... 703-255-6309

## RECREATION

Amy-Jo Hendrix, Recreation Program Manager..... 703-255-6357

Brandy Wyatt, Recreation Program Coordinator II..... 703-255-5721

Brian Hanifin, Recreation Program Coordinator — Camps..... 703-255-6352

Kathy Blevins, Recreation Program Coordinator..... 703-255-7801

## PARKS AND RECREATION

Business Office..... 703-255-6360

282 M Cedar Lane SE, Units 4 and 7

## PHONE NUMBERS

Community Center Front Desk..... 703-255-6360

Fax..... 703-255-6399

Weather, Special Events and Sports Line..... 703-255-7842

Virginia Relay Center..... 711

Business Email..... ParksRec@viennava.gov

## BUSINESS OFFICE HOURS

**Monday–Friday — 8:00 a.m.–4:30 p.m.**

## YOUTH TEAM SPORTS

**VIENNA BABE RUTH LEAGUE** — boys ages 13–18, call Ed Cazenias for information at **703-281-2671**. Website: [www.leaguelineup.com/viennababeruth](http://www.leaguelineup.com/viennababeruth)

**VIENNA LITTLE LEAGUE** — For children ages 5–12, Little League also sponsors a T-ball program. For further information email at [cerv1939@aol.com](mailto:cerv1939@aol.com)

**VIENNA GIRLS SOFTBALL LEAGUE** — Softball program for girls ages 6–18. For more information visit their website at [www.vgsl.org](http://www.vgsl.org)

**VIENNA YOUTH INC.** — Programs in football, lacrosse, rugby, and wrestling for boys, and cheerleading for girls ages 7–16 and basketball and track for boys and girls ages 7–16. For more information, the following are phone numbers for the various sports, or access the website at [www.vyi.org](http://www.vyi.org)

**Football** — Dave Hall — [chall14@cox.net](mailto:chall14@cox.net)

**Wrestling** — Rod Hines — [rodhines1@yahoo.com](mailto:rodhines1@yahoo.com)

**Basketball** — Jay Brigham — [brighamj@verizon.net](mailto:brighamj@verizon.net)

**Cheerleading** — Lisa McDonald — [vyicheer@gmail.com](mailto:vyicheer@gmail.com)

**Lacrosse** — Mary Forde — **703-281-3221**

**Rugby** — Cat Swiger — [viennarugby@outlook.com](mailto:viennarugby@outlook.com)

**Volleyball** — Chuck Pruitt — [volleyball@vyi.org](mailto:volleyball@vyi.org)

**Track & Field** — Craig Chasse — **703-319-2438** — [cchasse.acds@juno.com](mailto:cchasse.acds@juno.com)

**VIENNA YOUTH SOCCER** — For boys and girls ages 5–18, call VYS voice mail at **703-242-3828 #2** for information. Website is [www.vys.org](http://www.vys.org)

# SUMMER 2016 REGISTRATION

## Community Center Renovations & Expansion

The renovation and expansion of the Vienna Community Center celebrated its groundbreaking ceremony on September 17, 2015. Construction continues to move forward with completion of the project anticipated in the spring of 2017.

The LEED Silver renovated and expanded community center will include:

- A full size gymnasium
- Improved customer service counter, lobby and waiting areas.
- Additional restrooms.
- Improved IT capabilities throughout the facility
- Consolidation of administration and support staff space
- New HVAC system with separate zone systems for each area.
- Abundant natural light spilling into the center.

The Parks and Recreation main office, classes and programs have all been relocated throughout the Town while the community center is closed. The main office and Teen Center are located at the Cedar Lane Shopping Center above the Subway Restaurant (262M Cedar Lane SE, 2nd Floor Units 4 & 7, Vienna). The Parks and Recreation Department has been fortunate to have many community partners assisting the Department by housing Recreation classes and programs during the construction project.

The W&OD trail will remain open throughout the duration of the project.

The Town staff is working hard to ensure the Vienna Community Center will be a vibrant, functional, and attractive facility. The new facility will provide additional services and programs to a wide variety of users for years to come. Updates and information about the project can be found in the Vienna Voice Town Newsletter and website. Staff will also provide Community Center updates prior to the Town Council work session meetings on the second Monday of each month at 6:30pm. If one has any questions about the project, please don't hesitate to contact the Parks and Recreation Department at **703-255-6360** or via email at **ParksRec@viennava.gov**.

Thank you for your patience during this time.

Sincerely,

Leslie Herman, Director of Parks and Recreation

## REGISTRATION DATES

### IN TOWN BEGINS

**May 2 at 8:00 a.m.**

*Classes need to reach the minimum number one week prior to the start date or they will be canceled. Camps must meet the minimum two weeks prior to the start of camp. Trips must meet the minimum thirty days before the trip.*

### OUT OF TOWN BEGINS

**May 9 at 8:00 a.m.**

## ON-LINE REGISTRATION

# WEBTRAC

### How does it work?

If you have registered for a class or program from January 2008 to present, you have been assigned a user name and password.

For first time user, your user name and password is your household ID number.

If you have questions about your user name or password, call the Community Center at **703-255-6360** and we will email your user name and password.

Log onto our website (**www.viennava.gov**) click on the **Parks and Rec Registration in the FAQ**. Click on **WebTrac**.

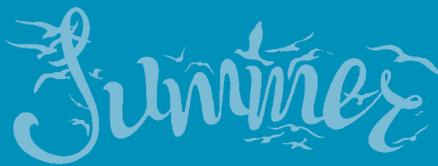
1. Welcome Page — Enter your user name and password to sign-in. You are instructed to change your password when you log-in for the first time.
2. To view the list of activities select the **"Search"** option on the navigation bar and then select **"Activity Search"** from the drop-down list.
3. Enter the six-digit activity number of the desired program/activity and select **"Search"** to view.
4. If you do not know the six-digit activity number, you have the option to select a list of activities by type or choose to search **"All Types"** of programs to view.
5. Choose the shopping cart icon on the left of the activity you want to register for and select **"Enroll Now"**.
6. Select the family member you wish to enroll from the **"Family Member to Register"** pull-down box and select **"Add to Cart"**.
7. Select **"Continue Shopping"** or **"Proceed to Check Out"** and review your billing information.
8. Continue on to begin the payment authorization process. Use the **"View Your Receipt"** button to view and/or print a receipt.
9. Once you have closed your receipt, your transaction is complete and you can select to go back to the **"Home Page"** or **"Log-Out"**.
10. If you experience difficulties, please call our main number at **703-255-6360**.

### How to add your household to Webtrac?

Go to **www.viennava.gov** click on departments — click on Parks and Recreation — click on registration information — click on webtrac.

Click on the link **Please use this link to register for the first time**. Input all household information then click finish.

# GENERAL INFORMATION



## THEATRE TICKETS

### TO PURCHASE THEATER OR SPECIAL EVENT TICKETS ON-LINE

1. Go to [www.viennava.gov](http://www.viennava.gov)
2. Click on Parks & Rec. registration listed under **FAQ**
3. Click on link (WebTrac) to online registration.
4. **Log-in**
5. From the “**Search**” drop down list pick ticket calendar or ticket search
6. Pick the **date of the activity or ticket**
7. Use the shopping cart and proceed to check-out
8. The receipt and ticket will be sent via email

## HISTORIC VIENNA

**HISTORIC VIENNA, INC.** is in need of volunteers to help staff and coordinate both old and new programs. Areas of need are: Tour Guides and Store Docents. Hours and times may vary. Training provided. Call **703-938-5187**.

### FREEMAN HOUSE MUSEUM AND STORE

Located at 131 Church Street NE, the Freeman House Museum and Store is jointly owned and operated by the Town of Vienna and Historic Vienna, Inc. Tours may be scheduled by calling **703-938-5187**.

#### Store Hours:

Wednesday through Sunday  
12 p.m.–4 p.m.

*The Store is closed during the month of January.*

### LITTLE LIBRARY

The Little Library is now open the first Sunday of each month (except January) from 1:00 p.m. to 4:00 p.m.



## AMERICANS WITH DISABILITIES ACT

The Vienna Parks and Recreation Brochure will be made available in large print or on Audio Cassette upon request.

Call **703-255-6360** • TTY **703-255-5739**  
Virginia Relay Center 711.

The Town of Vienna does not discriminate on the basis of disability in the administration or access to, treatment of, or employment in its programs or activities. The Director of Public Works at 127 Center Street S, Vienna, VA 22180 has been designated to coordinate ADA compliance.

**Our locations are fully accessible to persons with disabilities. Translation requests need to be made in writing at least fourteen working days before the day of the event.**

## REGISTRATION DATES AND TIMES

- In Town (walk-in, mail-in, Webtrac, fax) begins May 2 at 8:00 a.m.
- Out of Town Registration (walk-in, mail-in, Webtrac, fax) begins May 9 at 8:00 a.m.

Registration can be dropped off at the Parks and Recreation temporary offices at

Cedar Lane Shopping Center  
262 M Cedar Lane SE, Suites 4 and 7  
Vienna, VA 22180.

Office Hours are Monday–Friday 8:00 a.m.–4:30 p.m.

All registrations, sent by mail, dropped off or faxed are randomly entered into the Rectrac System.

## REGISTRATION FORM

- Please use a separate registration form for each distinct household. Example: do not sign up your neighbor or family member residing at a different address on your form.
- Please include complete address, phone numbers and e-mail information.
- Include activity number, section, name and birthdate.

## FEES

- Full payment must be included with your registration form.
- Sending the incorrect fee will delay your registration.

- **Forms of payment** are CREDIT CARD (American Express, Discover, Master Card or Visa), CHECK (made payable to the Town of Vienna) or CASH (exact change only).
- **R** next to the fee indicates individuals that reside within the corporate limits of Vienna.
- **RSR** next to the fee indicates seniors 65 and over that reside within the corporate limits of Vienna.
- **NR** next to the fee indicates individuals that reside outside the corporate limits of the Town of Vienna.

## AGE REQUIREMENT

Participants must meet the age requirements by the first day of the program.

## CLASS CANCELLATIONS

We reserve the right to cancel a class, program or special event due to insufficient enrollment. All programs require a minimum number of participants. Cancellations are normally canceled two weeks before each session begins. A full refund will be given. **PLEASE REGISTER EARLY!**

## CLASS REFUNDS AND CREDITS

**REFUNDS** — To obtain a full refund or credit, a request must be submitted 14 calendar days prior to the start of the program.

A refund requested less than 14 calendar days prior to the start of the program will incur a 50% penalty (\$50 max) per program.

**CREDITS** — There is no fee for a household credit submitted 14 calendar days prior to the start of the program. A household credit requested less than 14 calendar days prior to the start of the program will incur a 10% penalty per program.

**No refunds or credits will be given after the first class without a doctor's note. No refunds will be given for materials fee or Pottery Lab. All requests for refunds and credits must be submitted in writing.**

**TRIPS** — No refunds or credits will be issued within 30 days of the trip. Trips do not include bus driver's gratuity.

**All requests for refunds or credits must be submitted in writing.**



## CAMP REFUNDS AND CREDITS

Camp fees must be paid in full at the time of registration. All requests for refunds prior to 14 calendar days of the camp start date will incur a 50% penalty or \$100 max per camp session.

There will be no refunds or credits less than 14 calendar days prior to the start of camp unless a doctor's note is presented and we can fill the vacant spot. Once the vacant spot is filled and paid for we will issue a full refund.

A transfer can be made 14 calendar days prior to the start of camp without a penalty incurred. There are no transfers within 14 calendar days. All transfers/cancellations must be made in writing.

Camps will be canceled if they do not meet the minimum number two weeks prior to start.

## PRORATED CLASSES

We will prorate classes for students registering late for a class/camp, however, we cannot prorate the class fee for students who will miss classes in the middle of the session.

## CAMP AND CLASS LOCATIONS

Please note that pottery classes are held at the Bowman Arts and Crafts Center, 211 Center Street S. Locations are fully accessible to persons with disabilities. Request from persons with disabilities are to be requested in writing at least seven (7) working days before the day of the class. Call 703-255-6360.

See the **Location Key** on page 6 for other class Locations during our renovation.

## INCLEMENT WEATHER POLICY

### **Outdoor programs held in Spring, Summer and Fall Seasons**

Decision on outdoor programs/classes will be made one hour prior to the start of class. Late cancellations may occur due to unpredictable weather conditions.

Programs and classes will be rescheduled when possible. For those programs/classes that cannot be rescheduled, a credit will be given for the class.

### **Cancellation Due to Inclement Weather**

- We follow the Fairfax County Public Schools closings.
- If schools are canceled for the day, all classes are canceled.
- When Fairfax County schools have a delayed opening, classes are canceled until noon.
- If Fairfax County schools are closing early, classes after 3:00 p.m. are canceled.
- On weekends, we will follow Fairfax County Schools inclement weather policies.

## GENERAL POLICY

- Please arrive on time for classes. We cannot hold up a classroom of students for those that are late.
- TO ENSURE THE SAFETY OF YOUR CHILD PLEASE ACCOMPANY YOUR CHILDREN TO AND FROM THE CLASSROOM.
- Please pick up your children promptly at the end of class. Before and after class supervision is not available. We may find it necessary to charge an additional fee of \$10 to parents who are habitually late in picking up their children.
- We will reschedule all classes we cancel, however, we cannot reschedule classes for students who miss classes.
- If students cannot be a cooperating member of class they will be asked to withdraw. A refund will be issued for the remaining classes. No refunds will be issued for supply fees or Pottery Lab.



## BEHAVIOR POLICY

- Parks and Recreation classes are to be enjoyed by all from youth through adults. Participants that continually disrupt the class experience for other class members will be asked to withdraw from the class. You will receive a refund for the balance of the class, however materials fees or Pottery Lab fees will not be refunded.



## WEBTRAC

- **WEBTRAC WILL ALLOW YOU TO REGISTER ON-LINE.**
- **WebTrac** can be found on the Internet by going to [www.viennava.gov](http://www.viennava.gov) and clicking on the Parks and Recreation Registration listed under FAQ.
- Some trips, programs and events may require you to come to the Community Center or to fax or mail-in registration.
- Full payment is required at the time of registration and you must use a credit card (American Express, Discover, Master Card or Visa).
- **WebTrac** is secured by Verisign-Thwart and your credit card information is not viewable by any outside parties.

**IN ORDER FOR US TO KEEP YOUR INFORMATION UP TO DATE, REMEMBER TO NOTIFY US OF A CHANGE OF ADDRESS, PHONE NUMBER, E-MAIL, ETC.**

## CLASS AND CAMP RELOCATIONS

We are excited about the renovations to the Community Center.

The Community Center will be shut down during the length of the renovation.

Thanks to many organizations in the area, we are able to relocate many of our programs.

We will keep everyone informed of any changes through email. Please make sure we have an accurate email and phone number.

# PARKS



**BRANCH ROAD TOT LOT** is located at the intersection of Locust Street and Branch Road, SE. This park has playground equipment for children ages 2-5. There are no restrooms at this park.

**GLYNDON PARK** is located on the north side of Maple Avenue on Glyndon Street. It has two lighted tennis courts, a basketball court, ball field, picnic areas with pavilions, playground equipment and restrooms. The park pavilion may be reserved for picnics by contacting the Community Center. See reservation fees.

**MEADOW LANE PARK** is located on the corner of Meadow Lane, Ware Street and Courthouse Rd. This park has two lighted tennis courts, a basketball court, ball fields, playground equipment, restrooms and pavilions. The park pavilion may be reserved for picnics by contacting the Community Center. See reservation fees.

**MOOREFIELD PARK** is located at 700 Courthouse Road adjacent to Nottoway Park. There is on-site parking with walking trails connecting to Nottoway Park. This is also the site of Vienna Dog Park. No restrooms.

**NORTHSIDE PARK** is located at the end of Glyndon Street on the north side of Maple Avenue. The park is a slice of undisturbed woodland with winding trails. A hiker and biker connector boardwalk is open. No restrooms.

**PETERSON LANE PARK** is located on Malcolm Rd. NW and is jointly operated and owned by the Town of Vienna and Fairfax County Park Authority. This park has playground equipment, a basketball court, open fields and walkways. No Restrooms.

**SARAH WALKER MERCER PARK** new in 2006 this park is located at the corner of Nutley and Knoll Street NW. This is a neighborhood park with walking paths, seating areas and an abundance of plant material. This park has the Town's first rain garden. No restrooms.

**SOUTHSIDE PARK** is located on Ross Drive and is the site of Babe Ruth baseball, men's slow pitch, coed softball and youth football games. Playground equipment, sand volleyball court and basketball court are also available at this park. The park pavilion may be reserved for picnics by contacting the Community Center.

**VIENNA DOG PARK** located at 700 Courthouse Road. This off-leash dog park is situated in Moorefield Park. The fenced 90 x 150 area is shaded with on-site water. Owners and dogs must follow posted rules and regulations. Dogs must be licensed by the Town of Vienna or Fairfax County. The park is open dawn to dusk. Please follow all rules and pick up after your dogs. No restrooms.

**VIENNA TOWN GREEN** located at 144 Maple Avenue East. Our newest park is in the Town center and is home to the Town Green Performance Series. The Town Green includes a plaza, lawn area, amphitheater, seating and picnic areas, restrooms and parking. The park has Wifi on site.

**WILDWOOD AND STREAM VALLEY PARKS** are linear stream buffer parks with a combination of asphalt, woodchip and natural trails. No restrooms.

## SHELTER FEES AND RESERVATIONS



**Online ONLY reservations will begin on March 14, 2016.**

Rentals can begin on April 1st, 2016 and run through mid-October. Please visit [www.viennava.gov](http://www.viennava.gov) to register through our WebTrac system.

Shelters are available for groups up to 75 people.

Town of Vienna Groups — \$25 for 5 hours

Out of Town — \$50 for 5 hours

Bathroom Refundable Key Deposit — \$50

Electricity Fee — \$25

Water Fee — \$25

Fairfax County Park Authority (**703-246-5700**) and Northern Virginia Regional Park Authority (**703-352-5900**) also have park shelters.

## LOCATION KEY

- BH – Bowman House Arts and Crafts Center  
211 Center Street S, Vienna VA**
- CF – Caffi Field — Located next to the  
Community Center 120 Cherry Street SE, Vienna, VA**
- CL – Cedar Lane— 262M Cedar Lane SE, Unit 10, Vienna VA**
- GL – Glyndon Park — 300 Glyndon Street NW, Vienna, VA**
- JMHS – James Madison High School —  
2500 James Madison Drive, Vienna, VA**
- ML – Meadow Lane Park — 599 Meadow Lane, SW, Vienna, VA**
- PHL – Patrick Henry Library — 101 Maple Ave, E, Vienna, VA**
- PCC – Providence Community Center —  
3001 Vaden Drive Fairfax VA 22031**
- SSP – Southside Park — 1315 Ross Dr. SW, Vienna, VA**
- VBC – Vienna Baptist Church — 541 Marshall Rd SW, Vienna, VA**
- VES – Vienna Elementary School — 128 Center Street S, Vienna, VA**
- VPC – Vienna Presbyterian Church — 124 Parks Street NE Vienna, VA**
- VVFD – Vienna Volunteer Fire Department —  
400 Center Street S, Vienna, VA**
- WF – Waters Field — Corner of Center and Cherry St SE,  
Vienna, VA**
- TH – Town Hall — 127 Center Street S, Vienna, VA**



# SUMMER CAMPS 2016

## PLAYGROUND CAMP

There will be a variety of activities for youngsters to fill the long summer days. Activities include arts and crafts, games, special events and field trips. The program will be held at Vienna Elementary School. Children may come and go throughout the day. Parents wanting to enroll their children in the program must register by 4:00 p.m. the Friday before the session begins, if space is available. This is not a day care program. No registration will be taken on the Monday of the program. Camp available to rising 1st graders to 11 years old! \*NO CAMP 7/4

**Location: VES**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115310-A1	6/28-7/1	4	Tu-F	9-3:30P	6y-11y	\$88/\$110
115310-B1	7/5-7/8	4	Tu-F	9-3:30P	6y-11y	\$88/\$110
115310-C1	7/11-7/15	5	M-F	9-3:30P	6y-11y	\$110/\$138
115310-D1	7/18-7/22	5	M-F	9-3:30P	6y-11y	\$110/\$138
115310-E1	7/25-7/29	5	M-F	9-3:30P	6y-11y	\$110/\$138

## PLAYGROUND CAMP BEFORE CARE

The Vienna camp program has a Before Care program for campers enrolled in certain camps. The children can begin their day with our staff at 7:30 a.m. and run until 9:00 a.m. when we begin our day camps. The program is supervised by our Summer Camp staff. Children will have games and other arts and crafts available to them. Parents wanting to enroll their children in the program must register by 4:00 p.m. the Friday before the session begins, if space is available. This is not a day care program. There will be no registration taken on the Monday of the program. \*NO CAMP JULY 4

**Location: VES**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115313-A1	6/28-7/1	4	Tu-F	7:30-9A	5y-14y	\$18/\$23
115313-B1	7/5-7/8	4	Tu-F	7:30-9A	5y-14y	\$18/\$23
115313-C1	7/11-7/15	5	M-F	7:30-9A	5y-14y	\$22/\$28
115313-D1	7/18-7/22	5	M-F	7:30-9A	5y-14y	\$22/\$28
115313-E1	7/25-7/29	5	M-F	7:30-9A	5y-14y	\$22/\$28

## PLAYGROUND CAMP AFTER CARE

The Vienna camp program has an After Care for ages 6-11. The After Care will begin immediately after Summer Playground camp is over and last until 5:00 p.m. The program is supervised by our Summer Camp staff. Children will have games and other arts and crafts available to them. Parents wanting to enroll their children in the program must register by 4:00 p.m. the Friday before the session begins, if space is available. This is not a day care program. After Care will be held at Vienna Elementary School. There will be no registration taken on the Monday of the program. \*NO CAMP JULY 4

**Location: VES**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115314-A1	6/28-7/1	4	Tu-F	3:30-5P	6y-11y	\$18/\$23
115314-B1	7/5-7/8	4	Tu-F	3:30-5P	6y-11y	\$18/\$23
115314-C1	7/11-7/15	5	M-F	3:30-5P	6y-11y	\$22/\$28
115314-D1	7/18-7/22	5	M-F	3:30-5P	6y-11y	\$22/\$28
115314-E1	7/25-7/29	5	M-F	3:30-5P	6y-11y	\$22/\$28

## TEEN EXCURSION CAMP

Want a summer of adventure? You got it! Teen Excursion camps are what you need to keep the summer exciting. From white water tubing, ropes courses, hiking and Kings Dominion, we will keep you moving. Bring appropriate clothing for the activities scheduled and a bag lunch. Parents, please do not drop off your child before 8:30 a.m. Each participant must have a completed registration form as well as all necessary waivers to participate. Join Club Phoenix for an after-hours free program. Contact Brian Hanifin **703-255-6352** or bhanifin@viennava.gov for more details. \*NO CLASS 7/4

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
125400-A1	6/27-7/1	5	M-F	8:30-5P	11y-15y	\$250/\$300
125400-B1	7/5-7/8	4	Tu-F	8:30-5P	11y-15y	\$200/\$240
125400-C1	7/11-7/15	5	M-F	8:30-5P	11y-15y	\$250/\$300
125400-D1	7/18-7/22	5	M-F	8:30-5P	11y-15y	\$250/\$300
125400-E1	7/25-7/29	5	M-F	8:30-5P	11y-15y	\$250/\$300
125400-F1	8/1-8/5	5	M-F	8:30-5P	11y-15y	\$250/\$300
125400-G1	8/8-8/12	5	M-F	8:30-5P	11y-15y	\$250/\$300
125400-H1	8/15-8/19	5	M-F	8:30-5P	11y-15y	\$250/\$300

## COUNSELOR IN TRAINING (CIT) CAMP PROGRAM

Teens work closely with counselors and learn how to prepare, organize and participate in events with school age children. Great for teens who are interested in working with children in the future. You must apply to get in the CIT program please contact Brian Hanifin **703-255-6352** or bhanifin@viennava.gov for more information.

**Location: VES**

## ART AND ENRICHMENT CAMPS

### CAMP RHYME-A-LOT

**Instructor: Abrakadoodle**

Rhyme, sing, play, and create with songs and rhymes! Our favorite rhymes come to life through art in the creative hands of Abrakadoodle artists! Sing songs, make a 3D spaghetti collage, create a textured ant hill, climb aboard a colorful freight train, and visit the market in the imaginative world of Camp Rhyme-A-Lot!

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
107258-A1	6/27-7/1	5	M-F	9-12P	3y-6y	\$165/\$205

### MAD ABOUT MOVIES

**Instructor: Abrakadoodle**

You will LOVE this camp if you love movies and the kooky characters, animations and illustrations in them...from minions to dinosaurs to out of this world environments! Marvelous movies and art together make for some movie madness! Campers learn how movies are made, tell movie stories and recreate favorite movie characters! Explore animation, storyboards, and more while exploring creative abilities. \*NO CLASS 7/4

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
107259-A1	7/5-7/8	4	Tu-F	9-3P	6y-12y	\$260/\$310

# SUMMER CAMPS 2016

# Summer



## ARTISTS YOU KNOW & LOVE

**Instructor: Abrakadoodle**

The world has many great artists and wonderful art including the drawings of Da Vinci, the colorful collages of Matisse, the light drenched paintings of Monet and the well-loved portrait of Whistler's Mother. .... These are the artists we know and love! Your favorite little artist gets a chance to drip, print, cut, arrange, dab, mold and paint while exploring these artists and others. But in the end, these little artists will create their own masterpieces that are as unique as they are!

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
107260-A1	7/18-7/22	5	M-F	9-12P	3y-6y	\$165/\$205
107260-B1	7/18-7/22	5	M-F	9-3P	6y-12y	\$260/\$310



## READY, SET, CREATE

**Instructor: Abrakadoodle**

Ready, Set, Create! In these camps, Abrakadoodle artists will practice Bull's Eye painting! We also create interesting effects that disappear then magically re-appear when we paint! Study Natasha Westcoat while using colorful swirls, Paul Klee and his unusual self portraits, Wolf Kahn and his "bands of color" and more!

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
107261-A1	7/25-7/29	5	M-F	9-12P	3y-6y	\$165/\$205
107261-B1	7/25-7/29	5	M-F	9-3P	6y-12y	\$260/\$310

## OFF THE WALL

**Instructor: Abrakadoodle**

Let's have some Off the Wall fun! We'll create interesting sculptures and hanging kinetic art that are anything but flat! Our Off the Wall creations include interactive 3D designs, textiles, and mobiles in the style of world-famous American sculpture artist, Alexander Calder. We will learn about the age-old tradition of designing Chinese opera masks and create whimsical architecture inspired by the clever Pop Art of James Rizzi.

**Location: BH**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
107262-A1	8/22-8/26	5	M-F	9-3P	6y-12y	\$260/\$310



## CHESS CAMP

**Instructor: Silver Knights Chess**

Learn how to play chess from a Silver Knights chess coach! Their coaches are highly rated professional chess instructors, who have taught tens of thousands of children to play, including the 2008 national champions for first and second grade. Time is evenly split between lesson and play. Lessons range from learning rules to advanced tournament strategies. Play time is structured to pair each student against an opponent of similar skill. All chess supplies are provided. Please check out their website at [www.silverknightschess.com](http://www.silverknightschess.com). Full day campers bring a bagged lunch, drinks and a snack. \*NO CLASS 7/4

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116730-A1	7/5-7/8	4	Tu-F	9-4P	5y-13y	\$275/\$315
116730-B1	7/5-7/8	4	Tu-F	9-12P	5y-13y	\$166/\$206
116730-C1	7/5-7/8	4	Tu-F	1-4P	5y-13y	\$166/\$206
116730-D1	7/25-7/29	5	M-F	9-4P	5y-13y	\$343/\$393
116730-E1	7/25-7/29	5	M-F	9-12P	5y-13y	\$207/\$257
116730-F1	7/25-7/29	5	M-F	1-4P	5y-13y	\$207/\$257

## ACT IT OUT CAMP

**Instructor: Butler Summer**

Take an adventure in this theater & arts program that uses storybooks to emphasize positive values. Each day these young actors will play basic acting games, act out stories and create art projects related to the theme of the day. Campers will present their favorite story on the last day! Note: A \$20 materials fee is included in the price. \*NO CLASS 7/4

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
118142-A1	6/27-7/1	5	M-F	9-12P	3y-6y	\$185/\$232
118142-B1	7/5-7/8	4	Tu-F	9-12P	3y-6y	\$148/\$185
118142-C1	7/18-7/22	5	M-F	1-4P	3y-6y	\$185/\$232
118142-D1	7/25-7/29	5	M-F	9-12P	3y-6y	\$185/\$232

## DRAMATIC KIDS CAMP

**Instructor: Butler Summer**

This theater & arts camp allows kids to explore theater games, playwriting, set & costume design and more! Campers will present their original play based on current topics & positive values on the last day! Note: A materials fee is included in the price. Please bring snack, lunch, & drink for your camper. Note: A \$20 materials fee is included in the price.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
118143-A1	7/18-7/22	5	M-F	9-3P	7y-11y	\$279/\$329

# SUMMER CAMPS 2016

## INTRODUCTORY OLYMPIC SPORT FENCING CAMP: FOIL, SABRE, AND EPEE

**Instructor: Anna Ryjik**

No previous training needed. Often called "the physical game of chess" and "the noble sport", fencing requires mental strength and quickness, and improves coordination, balance, speed and grace. Campers use the Foil (a light training sword) and are introduced to Sabre (the modern equivalent of the cavalry sword) and Epee (the modern equivalent of the dueling sword). Safety tipped swords, protective jackets, masks, and gloves make fencing one of the safest sports. Fencing camp taught by the Virginia Academy of Fencing a \$49 equipment rental fee is due to the instructor on the first day of camp, make check payable to VAF.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
156700-A1	7/11-7/15	5	M-F	9-12P	9y-16y	\$105/\$132

## COMPUTER AND TECH CAMPS



**STEMTREE**  
Your Education Center

### STEMTREE SUMMER CAMP

**Instructor: Stemtree**

Keep your kids engaged with learning through the summer break with Stemtree's summer camp. Stemtree is more than an enrichment program. We bring basic science to life through our science, engineering, and technology workouts. Students age 6 and up will be immersed in different activities. Our camps are not structured in a traditional classroom setting. At Stemtree, we provide all students one-on-one instruction. Our highly effective learning environment enables students of all abilities to become confident and capable learners and allows quality individualized interaction between the instructor and the student. Our camp includes science workouts and experiments, computer programming, and engineering. Children learn about science and engineering through practical hands-on activities and experiments. Each workout begins with an introduction that explains the subject matter briefly, followed by a hands-on activity to develop science and engineering skills and reinforce key concepts. Each student will take an initial assessment on the first day of the program. Technology and engineering students will be grouped in pairs based on their performance on the initial assessment and their grade \*NO CLASS 7/4

**Location: JHMS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
105570-A1	6/27-7/1	5	M-F	9-12P	6y-12y	\$399/\$449
105570-B1	6/27-7/1	5	M-F	12:30-3:30P	6y-12y	\$399/\$449
105570-C1	7/5-7/8	4	Tu-F	9-12P	6y-12y	\$320/\$370
105570-D1	7/5-7/8	4	Tu-F	12:30-3:30P	6y-12y	\$320/\$370
105570-E1	7/11-7/15	5	M-F	9-12P	6y-12y	\$399/\$449
105570-F1	7/11-7/15	5	M-F	12:30-3:30P	6y-12y	\$399/\$449
105570-G1	7/18-7/22	5	M-F	9-12P	6y-12y	\$399/\$449
105570-H1	7/18-7/22	5	M-F	12:30-3:30P	6y-12y	\$399/\$449
105570-I1	7/25-7/29	5	M-F	9-12P	6y-12y	\$399/\$449
105570-J1	7/25-7/29	5	M-F	12:30-3:30P	6y-12y	\$399/\$449

### THE ENGINEERING OF POWER AND ENERGY

**Instructor: Engineering For Kids**

Do you have what it takes to engineer a city from the ground up? Campers will work together as a construction crew to design and build magnificent cities from nothing but a little engineering and their imaginations. Crews design essential urban structures and solve real world challenges, such as developing a process to purify water and generate electricity. Sign up to help your crew build the best city in town!

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115480-A1	7/25-7/29	5	M-F	9-12P	5y-7y	\$200/\$250

### APPRENTICE BEGINNERS INVESTIGATORS

**Instructor: Engineering For Kids**

Future engineers will become forensics engineers and help Kelvin find out who stole the blueprints for his secret, new design. Using principles of investigative science and forensic engineering, students will analyze evidence in the simulated crime scene using math, science, and technology.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115481-A1	7/25-7/29	5	M-F	1-4p	8y-12y	\$200/\$250

### THE DIGITAL TOOLBOX

**Instructor: m2 academy**

Complete meaningful and innovative projects using an iPad with a variety of applications. Produce stop motion videos, design digital art, stream self-directed movies, engage in digital storytelling, animate digital cartoons, record voice on avatars, construct multi-media presentations and more all using the iPad. No tech experience or background needed! Enhance creativity, problem solving and communication skills while learning internet safety, digital responsibility, and "netiquette." iPads provided by M2 academy.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115573-A1	6/27-7/1	5	M-F	9-12P	7y-12y	\$269/\$319

# SUMMER 2016 COMPUTER CAMPS



## EASY TO MAKE WEBSITES & APPS FOR JUNIOR ENTREPRENEUR

**Instructor: m2 academy**

Do you have a dog walking, baking, gardening, babysitting, or any other type of business that needs its own website and app? In this camp, we use free and easy website/app-building platforms to teach you the skills to build, design, add content, and manage your own site and app — simply by using only a mobile device!! No coding skills or tech background needed! Feel free to bring in a device from home or use one provided by m2academy.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115574-A1	6/27-7/1	5	M-F	1-4P	11y-14y	\$269/\$319

## LIVE ACTION FLIX

**Instructor: Incrediflix**

Do you want to have a blast making a movie? You don't have to be an actor to star in these movies that you make from "Action" to "That's a wrap." We'll guide you through the Hollywood process as you brainstorm, Location scout, bring in props and costumes, act and direct in a collaborated movie that will be fun for the entire audience. \*All flix downloadable within a month after camp ends.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115575-A1	7/18-7/22	5	M-F	9-12P	7y-13y	\$215/\$265



## LEGO FLIX

**Instructor: Incrediflix**

We know you love Legos and can create incredible Lego worlds, now it's time to bring those worlds to life in Lego Stop-Motion Animated Flix! We provide the Legos, and you provide your imagination. Students will create a Lego set with Lego characters for a movie they storyboard, write, shoot, and voice-over in age-appropriate groups. \*All flix downloadable within a month after camp ends.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115576-A1	7/18-7/22	5	M-F	1-4P	7y-13y	\$215/\$265

## ANIMATION FLIX

**Instructor: Incrediflix**

In this fast paced camp, students will create up to 5 stop-motion animated flix! Each day you'll use a new style of stop-motion, combining the favorites of past years with some completely new styles, making this camp new each year for everyone to enjoy! It's the ultimate arts and crafts camp where campers create, direct, and film their movies in age-appropriate groups.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115578-A1	7/25-7/29	5	M-F	9-12P	7y-13y	\$215/\$265

## MINECRAFT FLIX

**Instructor: Incrediflix**

Kids love Minecraft! Let their imagination be their guide as they turn the popular video games into an exciting Minecraft world made out of paper. Using stop-motion animation students will bring Steve, the creepers, animals and more to life. Students will write, storyboard, shoot, and add voice-over in age-appropriate groups.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115580-A1	7/25-7/29	5	M-F	1-4P	7y-13y	\$215/\$265

## COMPUTER TECHNOLOGY

**Instructor: Andy Livingston**

Does your child spend a lot of time on the computer or smart phone and do nothing productive? Expert in Facebook and YouTube? Teens can learn and do PRODUCTIVE computer projects, PRODUCE a Podcast, shoot and EDIT video, CREATE their own flash website, make their own 3D landscapes, design their own iPhone case, sneakers and more. Great fun will be had by all. You never know what career this might lead to? Movie producer, writer, graphic or web designer, architect or audio/video producer. Each student must bring their own laptop.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115979-A1	7/11-7/15	5	M-F	1-4P	11y-16y	\$269/\$319
115979-B1	8/8-8/12	5	M-F	1-4P	11y-16y	\$269/\$319

## LEARN TO HOW TO WRITE CODE, A BEGINNER'S GUIDE

**Instructor: Andy Livingston**

All the tech greats started coding during their teen years, Zuckerberg, Gates and Jobs! Learn how to start writing Javascript and HTML code, program with Scratch and use an MIT developed program written especially for teens. Also covered will be computer maintenance and basics of computer hardware and operating systems. Students are required to bring their own laptop to camp.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115972-A1	7/11-7/15	5	M-F	8:30-12P	11y-16y	\$269/\$319
115972-B1	8/8-8/12	5	M-F	8:30-12P	11y-16y	\$269/\$319

## MINECRAFT PROGRAMMING

**Instructor: C3 Cyberclub**

Using a custom mod called "Computercraft", students will learn how to program robots called "Turtles" inside the world of Minecraft. Kids will utilize problemsolving skills by learning how to program their robots to complete various tasks such as programming their turtles to automatically build, mine, and craft items and structures. They will be introduced to programming ifthenelse statements, for while loops, and implement their own functions using LUA, a simple scripting language. Looking for a fun way to introduce your child to programming? Why not do it using a game they love! Note: Basic reading skills required. Experience playing Minecraft preferred, but not required.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115973-A1	7/11-7/15	5	M-F	1-4P	10y-14y	\$275/\$325



## INTRO INTO MINECRAFT PROGRAMMING

**Instructor: C3 Cyberclub**

Using a custom mod called "Computercraft", students will learn how to program robots called "Turtles" inside the world of Minecraft. Kids will utilize problem-solving skills by learning how to program their robots to complete various tasks and objectives such as programming their turtles to automatically build, mine, and craft items and structures. They will be introduced to programming if-then-else statements, for-while loops, and implement their own functions using Lua, a simple scripting language. Looking for a fun way to introduce your child to programming? Why not do it using a game they love! **Note:** Basic reading skills required. Experience playing Minecraft (on any platform) required! Please email us for details.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115974-A1	7/11-7/15	5	M-F	9-12P	6y-9y	\$275/\$325

## JR MINECRAFT ANIMATION

**Instructor: C3 Cyberclub**

In this camp, students will be introduced to basic animation techniques using Minecraft characters and stages. Kids will expand their observation skills and imagination by studying motion in reality and how it influences motion in animation. Students will create various short animation exercises and projects by applying basic acting theories and animation principles to scenes they create. Does your child aspire to become an animator?

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115975-A1	6/27-7/1	5	M-F	9-12P	6y-9y	\$275/\$325

## MINECRAFT ANIMATION

**Instructor: C3 Cyberclub**

In this camp, students will be introduced to basic animation techniques using Minecraft characters and stages. Kids will expand their observation skills and imagination by studying motion in reality and how it influences motion in animation. Students will create various short animation exercises and projects by applying basic acting theories and animation principles to scenes they create. Does your child aspire to become an animator?

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115976-A1	6/27-7/1	5	M-F	1-4P	10y-14y	\$275/\$325



## GAME DEVELOPMENT & LEVEL DESIGN

**Instructor: C3 Cyberclub**

Now available for grades 1<sup>st</sup>-3<sup>rd</sup>, this special class is specifically designed for young children to cultivate their interest to become game designers, multimedia artists, engineers, programmers and more! Give your child the opportunity to see how professional games are made. Learn cutting edge computer skills through the fun art of 3D Game Design using award-winning Platinum Arts Sandbox. In this exciting class, children will use basic 3D modeling skills to create their very own video game level. They will learn to customize game attributes and build their own virtual world from scratch. Students will create puzzles and challenges using jump pads, elevators, lava, and more! Acquire computer skills, mathematics, creativity and basic problem solving skills. Looking for a way to introduce your child to the wonderful world of video game design? This is a great place to start!

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115977-A1	7/25-7/29	5	M-F	9-12P	6y-9y	\$275/\$325

## 3D GAME DESIGN USING UNREAL

**Instructor: C3 Cyberclub**

In this exciting camp, children will use basic 3D modeling skills to create their very own platform-based video game. Students create their own unique puzzles and challenges in a 3D game world utilizing tools such as teleporters, jump pads, and lava. They also learn how to add characters, customize game attributes, and build their own virtual world from scratch. Students use their imagination, and problem-solving skills in order to find new ways to create different in-game puzzles for their classmates to solve. By the last day of camp students will have a fully functional level and will receive a link to download the software and student levels. Looking for a way to introduce your child to the wonderful world of video game design? This is a great place to start!

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115978-A1	7/25-7/29	5	M-F	1-4P	10y-14y	\$275/\$325

## PRE-ENGINEERING WITH LEGO

**Instructor: Playwell Technologies**

Let your imagination run wild with over 100,000 pieces of LEGO®! Build engineer designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design! Explore the endless creative possibilities of LEGO® building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenge of Engineering FUNDamentals.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115970-A1	7/18-7/22	5	M-F	9-12P	5y-6y	\$159/\$199

# SUMMER 2016 COMPUTER CAMPS



## ENGINEERING FUNDAMENTALS WITH LEGO

### Instructor: Playwell Technologies

Power up your engineering skills with Play-Well TEKnologies and over 100,000 pieces of LEGO! Apply real-world concepts in physics, engineering and architecture through engineer-designed projects such as arch bridges, motorized gondolas and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115971-A1	7/18-7/22	5	M-F	1-4P	7y-12y	\$159/\$199

## MINE, CRAFT, BUILD: JEDI ADVENTURE GAME

### Instructor: Playwell Technologies

Mine, craft, and build the Star Wars universe using Lego Roll the dice to gather Jedi resources. Then build a Pod Racer, Craft a Droid, or create the Treehouse Village of Endor! This novice Play-Well LEGO game is inspired by the Minecraft tablet game and the Star Wars fantasy setting.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115980-A1	6/27-7/1	5	M-F	9-12P	5y-6y	\$159/\$199

## MINE, CRAFT, BUILD: JEDI SURVIVAL GAME

### Instructor: Playwell Technologies

Mine, craft, and build the Star Wars universe using Lego Roll the dice to gather Jedi resources. Then build a Starship, craft Light Sabers, and use the Force to survive Empire attacks. This advanced Play-Well LEGO game is inspired by the Minecraft tablet game and the Star Wars fantasy setting.

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/Fee
115981-A1	6/27-7/1	5	M-F	1-4P	7y-12y	\$159/\$199

## MAKING AN iPHONE GAME

### Instructor: Funutation Tekademy

Tekies use drag-and-drop methods to create games for iPhones and iPads using GameSalad. Add objects and sound. Implement scoring and award the winner! Kids gain the opportunity to acquire skills using our trademarked Funutation TEAMS® hands-on, inquiry-based model. Tekies work in teams of two as they build, investigate, and discuss coding principles in action. Optional: Developer's License from Apple for \$99. \*NO CLASS 7/4,7/9,7/10 \*\*2 WEEK CAMP

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
122561-A1	7/5-7/15	9	M-F	9-11:45A	8y-15y	\$425/\$475



## MAKING A SAMSUNG ANDROID GAME

### Instructor: Funutation Tekademy

Tekies discover how to create complex apps on a computer that appear on an Android phone or tablet using Java. Participants will experience the basics of computer programming to design a landscape, create basic animation, mix digital sounds, and make special effects such as explosions to be used in their apps. Kids gain the opportunity to acquire skills using our trademarked Funutation TEAMS® hands-on, inquiry-based model. Tekies work in teams of two as they build, investigate, and discuss coding principles in action. An Android is not required to take this camp as the games are developed on a computer. \*NO CLASS 7/4,7/9,7/10

\*\* 2 WEEK CAMP

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
122562-A1	7/5-7/15	9	M-F	9-11:45A	8y-15y	\$425/\$475

## MINECRAFT MAGIC

### Instructor: Funutation Tekademy

Tekies create games with 3D models and battle against powerful enemies. Download and install mods and maps into your gaming masterpiece. Test the strength of your mods with Funutation. Kids acquire tech skills using our trademarked Funutation TEAMS® hands-on, inquiry-based model. Tekies work solo as they investigate different ways to play Minecraft®. Make sure you have a Minecraft account prior to the first day of event. Bring your computer or rent ours for \$25 at [www.funutation.com](http://www.funutation.com). \*NO CLASS 7/4,7/9,7/10 \*\*2 WEEK CAMP

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
122564-A1	7/5-7/15	9	M-F	12:15-3P	8y-11y	\$425/\$475

## MINECRAFT MODDING WITH JAVA

### Instructor: Funutation Tekademy

Create a game with 3D models and battle against powerful enemies. Implement modding into your gaming masterpiece using Java. Acquire resources and maintain health. There will be plenty of time to test your mods with other tekies. Kids acquire tech skills using our trademarked Funutation TEAMS® hands-on, inquiry-based model. Tekies work solo as they investigate and discuss coding principles in action. Please have a Minecraft account prior to the first day of event. Bring your own computer or rent ours for \$25 at [www.funutation.com](http://www.funutation.com). \*NO CLASS 7/4,7/9,7/10 \*\*2 WEEK CAMP

**Location: JMHS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
122565-A1	7/5-7/15	9	M-F	12:15-3P	8y-11y	\$425/\$475



# SUMMER 2016 CAMPS ON WHEELS

## CAMPS ON WHEELS



### WHEEL ACTION CAMP

**Instructor: American Inline**

A great full day camp for wheeled sports enthusiasts! Morning skateboarding sessions and afternoon bike riding. For more details and equipment needs, see descriptions for Skate Boarding and Bike Riding Camp. Bring water bottle, snacks and lunch in cooler with ice packs. Participants receive t-shirt and sticker. Register through Vienna Recreation Department. Questions about camp? Contact us at [info@americaninline.com](mailto:info@americaninline.com) or call **703-994-7617**. \*NO CAMP 7/4

**Location: VVFD Parking Lot**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115700-A1	7/5-7/8	4	Tu-F	9-4P	6y-12y	\$240/\$290
115700-B1	8/15-8/19	5	M-F	9-4P	6y-12y	\$300/\$350

### CAMP ON WHEELS

**Instructor: American Inline**

A great full day camp for wheeled sports enthusiasts! Morning rollerblading session and afternoon bike riding. For more details and equipment needs, see descriptions for rollerblade camp and Bike Riding Camp. Bring water bottle, snacks and lunch in cooler with ice packs. Participants receive t-shirt and sticker. Register through Vienna Recreation Department. Questions about camp? Contact us at [info@americaninline.com](mailto:info@americaninline.com) or call **703-994-7617**.

\*NO CLASS 7/4

**Location: VVFD Parking Lot**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115701-A1	7/5-7/8	4	Tu-F	9-4P	6y-12y	\$240/\$290
115701-B1	8/15-8/19	5	M-F	9-4P	6y-12y	\$300/\$350

### SKATE BOARD CAMP

**Instructor: American Inline**

Radical dude! A fun camp for beginner through intermediate skateboard riders. Learn to push, ride, tack, kick turn, approach ramps, rock n'roll, rock to fakie, ollie, drop in, skate park etiquette and more. Camp is held in Mobile Skate Park. Campers must bring skate board, skate board helmet, knee and elbow pads, wrist guards, water and snack. Participants receive t-shirt and sticker. Register through Vienna Recreation Department. Questions about camp? Contact us at [info@americaninline.com](mailto:info@americaninline.com) or call **703-994-7617**. \*NO CLASS 7/4

**Location: VVFD Parking Lot**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115702-A1	7/5-7/8	4	Tu-F	9-12:30P	6y-12y	\$156/\$195
115702-B1	8/15-8/19	5	M-F	9-12:30P	6y-12y	\$195/\$244

### ROLLERBLADE CAMP

**Instructor: American Inline**

Extreme fun! The Rollerblade (inline skate) camp is packed with fun and games. Campers learn how to gear up, stand up, stop, avoid falling down, turn, crossover, skate backwards, skating games and safety. Bring rollerblades, helmet, knee and elbow pads, wrist guards, water and snack. Participants receive t-shirt and sticker. Register through Vienna Recreation Department. Questions about camp? Contact us at [Info@americaninline.com](mailto:Info@americaninline.com) or call **703-994-7617**. \*NO CLASS 7/4

**Location: VVFD Parking Lot**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115703-A1	7/5-7/8	4	Tu-F	9-12:30P	6y-12y	\$156/\$195
115703-B1	8/15-8/19	5	M-F	9-12:30P	6y-12y	\$195/\$244

### BIKE RIDING CAMP

**Instructor: American Inline**

This camp provides a hands-on, educational way for children to master the art of bicycle riding. Learn basic bike riding, steering, shifting, safety and rules of the road. In addition to improving skills, this bike camps gives children a chance to socialize and interact with their peers getting away from the TV and into the great outdoors on paved and/or dirt trails. Bring bike without training wheels, bike gloves, helmet, water bottle, hydration pack and snack. Participants receive t-shirt and sticker. Register through Vienna Recreation Department. Questions about camp? Contact [info@americaninline.com](mailto:info@americaninline.com) or call **703-994-7617**. \*NO CLASS 7/4

**Location: VVFD Parking Lot**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115704-A1	7/5-7/8	4	Tu-F	1-4P	8y-12y	\$140/\$175
115704-B1	8/15-8/19	5	M-F	1-4P	8y-12y	\$175/\$219

### LEARN TO RIDE A BIKE

**Instructor: American Inline**

Say goodbye to the training wheels. For kids who are transitioning to riding without training wheels. Participants may start out with them but learn to ride with no training wheels during this camp. Learn balance, riding skills, braking, stopping, starting, steering, play bike riding games and go on short tours when ready. Bring bike with or with out training wheels, bike gloves, helmet, water bottle, hydration pack and snack. Participants receive t-shirt and sticker. Register through Vienna Recreation Department. Questions about camp? Contact [info@americaninline.com](mailto:info@americaninline.com) or call **703-994-7617**

\*NO CLASS 7/4

**Location: VVFD Parking Lot**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
115705-A1	7/5-7/8	4	Tu-F	1-4P	5y-10y	\$140/\$175
115705-B1	8/15-8/19	5	M-F	1-4P	5y-10y	\$175/\$219



# SPORTS AND FITNESS CAMPS



## LITTLE SHOTS TENNIS CAMPS

**Instructor: First Serve Tennis**

An introduction through fun games and activities designed to build eye-hand coordination and familiarity with the tennis ball and racket. A tennis racket is required.

**Location: ML**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
116040-A1	6/27-7/1	5	M-F	8:15-9:30A	4y-6y	\$125/\$157
116040-B1	7/11-7/15	5	M-F	8:15-9:30A	4y-6y	\$125/\$157
116040-C1	7/25-7/29	5	M-F	8:15-9:30A	4y-6y	\$125/\$157
116040-D1	8/8-8/12	5	M-F	8:15-9:30A	4y-6y	\$125/\$157
116040-E1	8/22-8/26	5	M-F	8:15-9:30A	4y-6y	\$125/\$157

## TENNIS 1 FUNDAMENTALS CAMP

**Instructor: First Serve Tennis**

Through fun skill building games, beginners and advanced beginners learn and develop the fundamental strokes. Students are encouraged to repeat this class until they can consistently put the ball in play. \*NO CLASS 7/4

**Location: ML**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116041-A1	6/27-7/1	5	M-F	9:45-12:15P	7y-10y	\$250/\$300
116041-B1	7/11-7/15	5	M-F	9:45-12:15P	7y-10y	\$250/\$300
116041-C1	7/25-7/29	5	M-F	9:45-12:15P	7y-10y	\$250/\$300
116041-D1	8/8-8/12	5	M-F	9:45-12:15P	7y-10y	\$250/\$300
116041-E1	8/22-8/26	5	M-F	9:45-12:15P	7y-10y	\$250/\$300
116041-F1	7/5-7/8	4	T-F	9:15-12:20P	10y-14y	\$250/\$300
116041-G1	7/18-7/22	5	M-F	9:45-12:15P	7y-14y	\$250/\$300
116041-H1	8/1-8/5	5	M-F	9:45-12:15P	10y-14y	\$250/\$300
116041-I1	8/15-8/19	5	M-F	9:45-12:15P	10y-14y	\$250/\$300



## BASKETBALL CAMP

**Instructor: Rodney Ward**

Campers will have skill topic instruction as well as guest speakers to help enhance basketball skills. Portable baskets, which adjust to a lower shooting height, will be used for younger campers. Campers will have the opportunity to work with college and varsity high school basketball players. Director, Rodney Ward, Associate Head Coach (Largo High School) has over 18 years of coaching experience in the metropolitan area.

**Location: ML**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR\Fee
116090-A1	8/1-8/5	5	M-F	9-1P	7y-12y	\$140/\$175
116090-B1	8/8-8/12	5	M-F	9-1P	7y-12y	\$140/\$175



## ALL KIDS SPORTS AND GAMES

**Instructor: Helen Petrakes**

Get Moving with All Sports & Games mini-camps this summer. Campers will enjoy a packed three days of sports, games, skill development and special events (scavenger hunts, nature hikes, and water activities) and arts & crafts offered each day. Campers should wear athletic shoes, sunscreen and bug spray. Bring water bottles and a snack each day.

**Location: CF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
105691-A1	5/31-6/2	3	Tu-Th	9:15-12P	3y-6y	\$128/\$160
105691-B1	6/7-6/9	3	Tu-Th	9:15-12P	3y-6y	\$128/\$160
105691-C1	6/14-6/16	3	Tu-Th	9:15-12P	3y-6y	\$128/\$160
105691-D1	6/21-6/23	3	Tu-Th	9:15-12P	3y-6y	\$128/\$160
105691-E1	6/28-6/30	3	Tu-Th	9:15-12P	3y-6y	\$128/\$160
105691-F1	8/2-8/4	3	Tu-Th	9:15-12P	3y-6y	\$128/\$160
105691-G1	8/9-8/11	3	Tu-Th	9:15-12P	3y-6y	\$128/\$160

## UK ELITE — HALF DAY

**Instructor: UK Elite Soccer**

U.K. Elite Soccer Camps for children ages 5–8 offer the perfect combination of learning and FUN! Camp days are designed to promote learning of techniques and skills focusing on the individual player. A typical day will include mass games, structured practices, scrimmages, and our World Cup Tournament to end each day. Our professional coaches will ensure players have a memorable experience AND improve their skills. \*NO CLASS 7/4

**Location: ML**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116330-A1	6/27-7/1	5	M-F	9-12P	5y-8y	\$150/\$188
116330-B1	7/5-7/8	4	Tu-F	9-12P	5y-8y	\$120/\$150
116330-C1	7/11-7/15	5	M-F	9-12P	5y-8y	\$150/\$188
116330-D1	7/18-7/22	5	M-F	9-12P	5y-8y	\$150/\$188
116330-E1	7/25-7/29	5	M-F	9-12P	5y-8y	\$150/\$188
116330-F1	8/1-8/5	5	M-F	9-12P	5y-8y	\$150/\$188
116330-G1	8/8-8/12	5	M-F	9-12P	5y-8y	\$150/\$188
116330-H1	8/15-8/19	5	M-F	9-12P	5y-8y	\$150/\$188
116330-I1	8/22-8/26	5	M-F	9-12P	5y-8y	\$150/\$188
116330-J1	8/29-9/2	5	M-F	9-3P	5y-8y	\$150/\$188



# SPORTS AND FITNESS CAMPS

## UK ELITE — PETITE

### Instructor: UK Elite Soccer

U.K. Petite Summer Soccer Camps introduce 3–5 year old children to the fun, healthy and exciting world of soccer. Petite Camps are typically 90 minutes a day, Monday to Friday. Each day is structured to promote individualized learning through the medium of fun soccer related games and activities. Our philosophy and methodology is based on cutting edge educational principles of how children learn techniques and develop them into skills while having a FANTASTIC TIME! Parents are welcome to stay and join in the fun! \*NO CLASS 7/4

### Location: ML

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116332-A1	6/27-7/1	5	M-F	9-10:30A	3y-5y	\$105/\$132
116332-B1	7/5-7/8	4	Tu-F	9-10:30A	3y-5y	\$84/\$105
116332-C1	7/11-7/15	5	M-F	9-10:30A	3y-5y	\$105/\$132
116332-D1	7/18-7/22	5	M-F	9-10:30A	3y-5y	\$105/\$132
116332-E1	7/25-7/29	5	M-F	9-10:30A	3y-5y	\$105/\$132
116332-F1	8/1-8/5	5	M-F	9-10:30A	3y-5y	\$105/\$132
116332-G1	8/8-8/12	5	M-F	9-10:30A	3y-5y	\$105/\$132
116332-H1	8/15-8/19	5	M-F	9-10:30A	3y-5y	\$105/\$132
116332-I1	8/22-8/26	5	M-F	9-10:30A	3y-5y	\$105/\$132
116332-J1	8/29-9/2	5	M-F	9-10:30A	3y-5y	\$105/\$132
116332-K1	6/27-7/1	5	M-F	10:30-12P	3y-5y	\$105/\$132
116332-L1	7/5-7/8	4	M-F	10:30-12P	3y-5y	\$84/\$105
116332-M1	7/11-7/15	5	M-F	10:30-12P	3y-5y	\$105/\$132
116332-N1	7/18-7/22	5	M-F	10:30-12P	3y-5y	\$105/\$132
116332-O1	7/25-7/29	5	M-F	10:30-12P	3y-5y	\$105/\$132
116332-P1	8/1-8/5	5	M-F	10:30-12P	3y-5y	\$105/\$132
116332-Q1	8/8-8/12	5	M-F	10:30-12P	3y-5y	\$105/\$132
116332-R1	8/15-8/19	5	M-F	10:30-12P	3y-5y	\$105/\$132
116332-S1	8/22-8/26	5	M-F	10:30-12P	3y-5y	\$105/\$132
116332-T1	8/29-9/2	5	M-F	10:30-12P	3y-5y	\$105/\$132

## UK ELITE — HALF DAY

### Instructor: UK Elite Soccer

U.K. Elite Soccer Schools are designed to take players 8 - 14 to the next level of skill. Building on from our Soccer Camp curriculum, our Schools prepare individual players for more advanced technical skills and an understanding of individual and group tactics. Our dynamic coaching methods, taken from around the world, will ensure every player makes significant improvements during the week. \*NO CLASS 7/4

### Location: ML

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116333-A1	6/27-7/1	5	M-F	9-12P	8y-14y	\$150/\$188
116333-B1	7/5-7/8	4	Tu-F	9-12P	8y-14y	\$120/\$150
116333-C1	7/11-7/15	5	M-F	9-12P	8y-14y	\$150/\$188
116333-D1	7/18-7/22	5	M-F	9-12P	8y-14y	\$150/\$188
116333-E1	7/25-7/29	5	M-F	9-12P	8y-14y	\$150/\$188
116333-F1	8/1-8/5	5	M-F	9-12P	8y-14y	\$150/\$188
116333-G1	8/8-8/12	5	M-F	9-12P	8y-14y	\$150/\$188
116333-H1	8/15-8/19	5	M-F	9-12P	8y-14y	\$150/\$188
116333-I1	8/22-8/26	5	M-F	9-12P	8y-14y	\$150/\$188
116333-J1	8/29-9/2	5	M-F	9-12P	8y-14y	\$150/\$188

## UK ELITE — FULL DAY

### Instructor: UK Elite Soccer

U.K. Elite Soccer Schools are designed to take players to the next level of skill. Building on from our Soccer Camp curriculum, our Schools prepare individual players for more advanced technical skills and an understanding of individual and group tactics. Our dynamic coaching methods, taken from around the world, will ensure every player makes significant improvements during the week. \*NO CLASS 7/4

### Location: ML

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
116334-A1	6/27-7/1	5	M-F	9-3P	5y-8y	\$230/\$280
116334-B1	7/5-7/8	4	Tu-F	9-3P	5y-8y	\$184/\$230
116334-C1	7/11-7/15	5	M-F	9-3P	5y-8y	\$230/\$280
116334-D1	7/18-7/22	5	M-F	9-3P	5y-8y	\$230/\$280
116334-E1	7/25-7/29	5	M-F	9-3P	5y-8y	\$230/\$280
116334-F1	8/1-8/5	5	M-F	9-3P	5y-8y	\$230/\$280
116334-G1	8/8-8/12	5	M-F	9-3P	5y-8y	\$230/\$280
116334-H1	8/15-8/19	5	M-F	9-3P	5y-8y	\$230/\$280
116334-I1	8/22-8/26	5	M-F	9-3P	5y-8y	\$230/\$280
116334-J1	8/29-9/2	5	M-F	9-3P	5y-8y	\$230/\$280

## UK ELITE — FULL DAY

### Instructor: UK Elite Soccer

U.K. Elite Soccer Schools are designed to take players to the next level of skill. Building on from our Soccer Camp curriculum, our Schools prepare individual players for more advanced technical skills and an understanding of individual and group tactics. Our dynamic coaching methods, taken from around the world, will ensure every player makes significant improvements during the week. \*NO CLASS JULY 4

### Location: ML

Activity #	Dates	# of Classes	Day	Time	Age	R/NR
116335-A1	6/27-7/1	5	M-F	9-3P	8y-14y	\$230/\$280
116335-B1	7/5-7/8	4	Tu-F	9-3P	8y-14y	\$184/\$230
116335-C1	7/11-7/15	5	M-F	9-3P	8y-14y	\$230/\$280
116335-D1	7/18-7/22	5	M-F	9-3P	8y-14y	\$230/\$280
116335-E1	7/25-7/29	5	M-F	9-3P	8y-14y	\$230/\$280
116335-F1	8/1-8/5	5	M-F	9-3P	8y-14y	\$230/\$280
116335-G1	8/8-8/12	5	M-F	9-3P	8y-14y	\$230/\$280
116335-H1	8/15-8/19	5	M-F	9-3P	8y-14y	\$230/\$280
116335-I1	8/22-8/26	5	M-F	9-3P	8y-14y	\$230/\$280
116335-J1	8/29-9/2	5	M-F	9-3P	8y-14y	\$230/\$280



# SPORTS AND FITNESS CAMPS



## MVP ELITE GIRLS LAX

**Instructor: MVP Sports Camps**

Camp Director: Amanda Counts, Head Coach of the 2011 and 2013 State Champion James Madison Warhawks and Jean Counts, Head Coach at Oakton High School and winner of multiple State Championships. This 4-day camp will focus on the skills, drills and game play of lacrosse for beginner and intermediate level players. Equipment will not be provided; it is the responsibility of the camper to bring their own equipment.

**Location: WF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116080-A1	6/27-6/30	4	M-Th	8-10:30A	7y-11y	\$135/\$169
116080-B1	6/27-6/30	4	M-Th	10:30-1P	12y-16y	\$135/\$169



## MADISON WARHAWK FOOTBALL PASSING GAME CAMP

**Instructor: MVP Sports Camps**

Director: Lenny Shultz, Madison Head Football Coach and 2011 Sun Gazette Coach of the Year. This is a 3 hour camp that will focus on proper fundamentals in passing to help prepare players for the upcoming season.

**Location: WF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116640-A1	7/11-7/14	4	M-Th	8-1P	10y-15y	\$160/\$200

## MADISON WARHAWK YOUTH FOOTBALL CAMP

**Instructor: MVP Sports Camps**

Director: Lenny Shultz, Madison Head Football Coach and 2011 Sun Gazette Coach of the Year. This 4-day camp will be non-contact and focus on football skills and techniques. No equipment is necessary but players may wear their own cleats and any other equipment they are comfortable using.

**Location: WF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116641-A1	7/5-7/8	4	Tu-F	8-1P	7y-12y	\$160/\$200

## MADISON WARHAWK RISING FRESHMAN FOOTBALL CAMP

**Instructor: MVP Sports Camps**

Rising freshman (8th & 9th graders) will learn the skills of football in non-contact games and drills. Children are encouraged to wear cleats and any other type of equipment that makes them comfortable. Pads are not necessary. Friday is reserved as the camp rain date.

**Location: WF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116642-A1	6/27-6/30	4	M-Th	8-10:30A	12y-14y	\$135/\$169

## MVP WARHAWK T-BALL/COACH PITCH TRANSITION CAMP

**Instructor: MVP Sports Camps**

Directed by Mark "Pudge" Gjormand and members of the Madison High School Baseball Coaching Staff as well as current and former players. This camp will be a 4-day camp working directly with T-ball and coach-pitch players helping to make a smooth transition to the next level. All positions will be covered.

**Location: A1-SS B1-GL C1-GL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116660-A1	6/27-6/30	4	M-Th	8-1P	4y-7y	\$160/\$200
116660-B1	7/5-7/8	4	Tu-F	8-1P	4y-7y	\$160/\$200
116660-C1	8/8-8/11	4	M-Th	8-1P	4y-7y	\$160/\$200

## MVP WARHAWK LITTLE LEAGUE BASEBALL CAMP

**Instructor: MVP Sports Camps**

Directed by Mark "Pudge" Gjormand and members of the Madison High School Baseball Coaching Staff as well as current and former players.

**Location: A1-SS B1-GL C1-GL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116661-A1	6/27-6/30	4	M-Th	8-1P	8y-12y	\$160/\$200
116661-B1	7/5-7/8	4	Tu-F	8-1P	8y-12y	\$160/\$200
116661-C1	8/8-8/11	4	M-Th	8-1P	8y-12y	\$160/\$200

## MVP ELITE TRAVEL 50/70 BASEBALL CAMP

**Instructor: MVP Sports Camps**

Camp Director — Madison Baseball Head Coach Mark "Pudge" Gjormand and other area high school coaches. This camp is geared to players ages 10-12 who want to improve their skills on the 50/70 playing field. This is the perfect camp for players who are interested in making the transition from the little league diamond and want to learn more about the game on the bigger field while improving their baseball skills.

**Location: WF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116663-A1	8/1-8/4	4	M-Th	8-10:30A	10y-12y	\$135/\$169

## MADISON WARHAWK LITTLE LEAGUE MINORS FUNDAMENTAL BASEBALL CAMP

**Instructor: MVP Sports Camps**

This camp will primarily focus on instruction in the fundamentals of throwing, defense and hitting. It will be directed by MVP baseball staff.

**Location: SS**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116664-A1	7/11-7/14	4	M-Th	8-10:30A	6y-10y	\$135/\$169



# SPORTS AND FITNESS CAMPS

## MVP PITCHERS/CATCHERS CAMP

**Instructor: MVP Sports Camps**

Camp Directors: James Madison HS Coaching Staff as well as current and former player now playing at the collegiate level. This 4-day camp will focus on the mechanics, skills, drills, and real game situations for all skill levels. Equipment such as gloves and catchers gear will not be provided. Catching gear will be the responsibility of the camper.

**Location: WF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116666-A1	8/8-8/11	4	M-Th	8-10:30A	8y-10y	\$135/\$169
116666-B1	8/8-8/11	4	M-Th	8-10:30A	11y-13y	\$135/\$169

## MVP TERPS MIDDLE SCHOOL BASEBALL CAMP

**Instructor: MVP Sports Camps**

Directed by Mark "Pudge" Gjormand and members of the Madison High School Baseball Coaching staff as well as current and former players.

**Location: WF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116668-A1	8/1-8/4	4	M-Th	10:30-1P	12y-15y	\$135/\$169

## MVP MIDDLE SCHOOL/HIGH SCHOOL HITTING CAMP

**Instructor: MVP Sports Camps**

Directed by Mark "Pudge" Gjormand and members of the Madison High School Baseball Coaching Staff as well as current and former players. On the field specialty camp focusing on swing mechanics.

**Location: WF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116670-A1	6/27-6/30	4	M-Th	10:30-1P	12y-116y	\$135/\$169

## MVP BASEBALL ADVANCED LITTLE LEAGUE INFIELDBERS CAMP

**Instructor: MVP Sports Camps**

Directed by Mark "Pudge" Gjormand and members of the Madison High School Baseball Coaching Staff as well as current and former players. On the field specialty camp focusing on infield mechanics.

**Location: WF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116671-A1	7/11-7/14	4	M-Th	10:30-1P	9y-12y	\$135/\$169

## MVP ADVANCED LITTLE LEAGUE HITTING CAMP

**Instructor: MVP Sports Camps**

Directed by Mark "Pudge" Gjormand or members of the Madison High School Baseball Coaching Staff as well as current and former players. On the field specialty camp focusing on swing mechanics.

**Location: WF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116674-A1	7/11-7/14	4	M-Th	8-10:30A	9y-12y	\$135/\$169

## MVP BASEBALL MIDDLE SCHOOL/HIGH SCHOOL INFIELDBERS CAMP

**Instructor: MVP Sports Camps**

Directed by Mark "Pudge" Gjormand or members of the Madison High School Baseball Coaching Staff as well as current and former players. This 4-day camp will focus on the transitioning of play on the small diamond to the larger diamond.

**Location: WF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116677-A1	6/27-6/30	4	M-Th	8-10:30A	12y-16y	\$135/\$169

## ALL SPORTS CAMP

**Instructor: MVP Sports Camps**

One of our more popular camps, All Sports Camp gives each participant a chance to try a variety of different sports as well as P.E. games used to develop coordination and motor skill development. These camps will be directed by some of our top MVP staff/instructors as well as college and High School athletes from Vienna.

**Location: GL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116690-A1	6/27-6/30	4	M-Th	8-1P	6y-12y	\$160/\$200
116690-B1	7/11-7/14	4	M-Th	8-1P	6y-12y	\$160/\$200
116690-C1	7/25-7/28	4	M-Th	8-1P	6y-12y	\$160/\$200
116690-D1	8/1-8/4	4	M-Th	8-1P	6y-12y	\$160/\$200
116690-E1	8/15-8/18	4	M-Th	8-1P	6y-12y	\$160/\$200

## MULTI-SPORT CAMP

**Instructor: Blue Box Sports**

At the Blue Box Sports Camp, we provide your child with an experience like no other. Campers will participate in multiple sports throughout the day in addition to games, crafts, and more all while having a great time making new friends in a safe environment. Campers will learn the basic skills of each sport that we play.

**Location: CF**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116691-A1	6/27-7/1	5	M-F	9-5P	5y-10y	\$225/\$275
116691-B1	7/25-7/29	5	M-F	9-5P	5y-10y	\$225/\$275
116691-C1	8/15-8/19	5	M-F	9-5P	5y-10y	\$225/\$275

## FISHING CAMP

**Instructor: Virginia Fishing Adventures**

The week offers campers an opportunity to learn tactics for freshwater fishing in nearby private ponds and rivers. Campers may also earn their fishing merit badge through this program. Safety is the number one priority, so campers wear lifejackets when in the water or on the boat. Virginia Fishing Adventures provides bait, tackle, rods and reels, lifejackets and good times. Campers should bring their own lunch, drinks, sunscreen and wear clothes and shoes they don't mind getting dirty. Open to boys and girls with no experience necessary. Please visit [www.virginiafishingadventures.com](http://www.virginiafishingadventures.com) for a detailed description of our weekly activities and a list of what to bring and wear.

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
116680-A1	8/1-8/5	5	M-F	8:30-4:30P	8y-14y	\$550/\$600

# SPECIAL EVENTS



## ARBOR DAY TREE PLANTING

*The Town of Vienna Parks and Recreation Department will plant a tree as part of the Arbor Day celebration.*

Please call **703-255-6360**  
or email [ParksRec@viennava.gov](mailto:ParksRec@viennava.gov)  
for more information.

**Date: April 29 • Time: 4:30 p.m.**

**Location: Glyndon Park**



## Vienna

### Garden Faire

**Saturday, May 7**

8:00 a.m.–1:00 p.m.

Ayr Hill Garden Club native plant sale

9:00 a.m.–Noon — Vendor Faire

On the Vienna Town Green

- Garden Design and Landscape Companies
- Gardening and Craft Vendors
- Horticulture and Conservation Non-Profits
- Children's Craft Corner
  - Gardening Demos
  - Live Music and Food

Call 703-255-6360 for more details.

## Big Screen on the Green

**Friday, May 13 • 8:00 p.m.**

**On the Vienna Town Green**

**Navy Federal Credit Union and the Town of Vienna Parks and Recreation Department present the Big Screen on the Green, featuring Walt Disney Pictures' Aladdin® (rated G). This is a FREE family friendly event. Bring your blanket or lawn chair. There will be plenty of popcorn to share!**

**NAVY FEDERAL**  
Credit Union



Vienna  
Parks and  
Recreation

**Call 703-255-6360 for details.**

Vienna Youth Players  
Presents the Musical



# JESUS CHRIST SUPERSTAR



Lyrics by  
**Tim Rice**

Music by  
**Andrew Lloyd Webber**

Jesus Christ Superstar is presented through special arrangement with R&H Theatricals,  
229 West 28th Street, 11th Floor, New York, NY 10001.

**Location: Vienna Baptist Church**  
**541 Marshall Road SW • Vienna, VA**

*Show Dates: August 5, 6, 12 and 13 – 7:30 p.m.*

*Ticket Prices: \$14*

Tickets go on sale July 6 and can be purchased at the Vienna Community Center Office located at 262 M Cedar Lane, Vienna, VA (Cedar Park Shopping Center above Subway) between 8:00 a.m.–4:30 p.m. or on-line by following the directions below.

### HOW TO ORDER TICKETS ONLINE:

1. Go to [www.viennava.gov](http://www.viennava.gov)
2. Click on Parks & Rec. registration **listed under FAQ**
3. Click on link (WebTrac) to online registration.
4. **Log-in**
5. From the “**Search**” drop down list pick ticket calendar or ticket search
6. Pick the **date of the activity or ticket**
7. Use the shopping cart and proceed to check-out
8. The receipt and ticket will be sent email

### AUDITIONS & REHEARSALS AT THE VIENNA BAPTIST CHURCH

*May 20–6 p.m.–9:30 p.m. • May 21–3 p.m.–7 p.m.*

Signs up for auditions will begin on May 2. Please call the Vienna Parks and Recreation at **703-255-6360** to set up an audition time. Auditions are for those ages 12–18. Bring music and be prepared to sing a song from a standard Broadway repertoire. Director for the show is Babs Dyer.

# SPECIAL EVENTS

# Summer



## BIKE RODEO



Sponsored by the Town of Vienna Parks and Recreation Department, Vienna Police Department, and Safe Routes to School

**Saturday, June 11th**  
**10:00 a.m.–1:00 p.m.**

**Vienna Fire Department Parking Lot**

Bike Rodeos are designed to help children who already know how to ride develop safety skills under the guidance of veteran cyclist. Youth are given the opportunity to learn real life bicycle handling skills that enable them to safely ride in their neighborhood areas — breaking, balancing, basic road rules and how to handles obstacles. Children must have a helmet to participate.

**FREE** (limited quantity) of bike helmets will be available from INOVA Health Systems.

Please call the weather line for cancellations or delays **703-255-7842**.

## WHITE ELEPHANT

and



**FRIDAY, JUNE 24, 2016**  
**11:00 A.M.-3:00 P.M.**

**AMERICAN LEGION**  
**330 N CENTER STREET, VIENNA**

Vienna Parks and Recreation and the Shepherd's Center of Oakton-Vienna present an afternoon of White Elephant bingo and ice cream. Mature Adults will enjoy a traditional bingo game in a friendly atmosphere while they win white elephant prizes. Bingo cards and \$2.00 for 2 cards (limit 2 cards per person). Pay at the door. Please bring a white elephant item in good condition to donate to our prize table. Food will be available for purchase from the Legion Canteen from 11:00 a.m.–1:00 p.m. and at 1:00 p.m. the ice cream will be served. Bingo begins at 1:30 p.m. Please call the Shepherd's Center at **703-281-0538** for more details.

# Chillin on Church

Music, Food and Family Fun

Friday, June 17th 6:30 p.m.-9:30 p.m.

Located on Historic Church Street  
in front of the Freeman Store

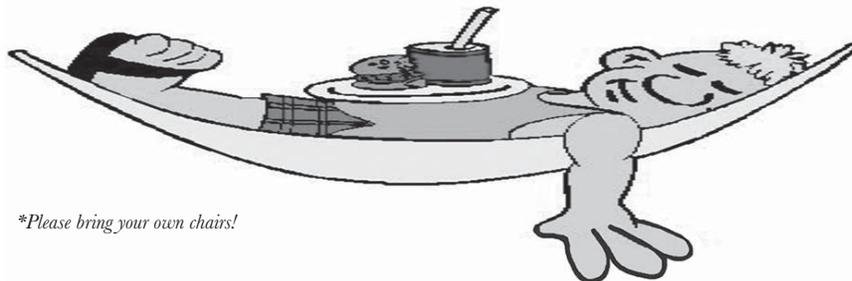
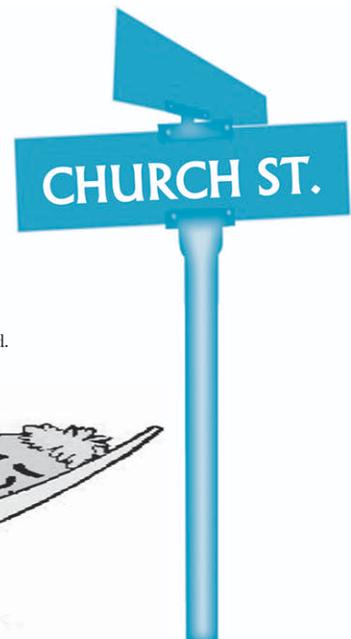
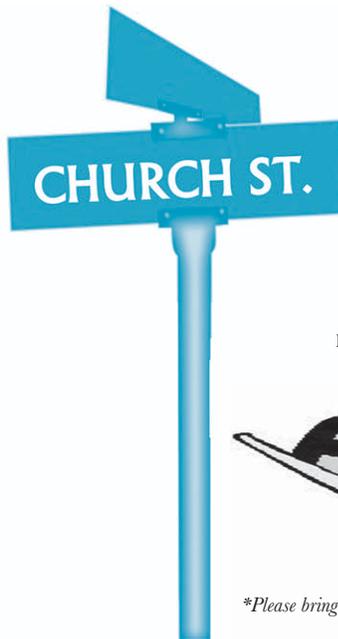
★ Beer Sales provided by American Legion Post 180

★ Music by Tommy's Bahamas

★ Food for purchase

★ Moonbounce for kids

Sponsored by the Town of Vienna Parks & Recreation  
Free Admission. Must be 21 years of age to purchase alcohol. ID check required.  
Church Street will be closed from Mill Street to Dominion Street.



*\*Please bring your own chairs!*



## JULY FOURTH FESTIVAL AND FIREWORKS

Date: July 4, 2016

Location: Yeonas Park • 1319 Ross Drive SW

Food and family fun begins at 4:00 p.m.  
 2nd Annual Vienna Inn Chili Dog Eating Contest 4:00 p.m.  
 Old Bay Circus Company – Featuring Michael Rosman  
 5:30 p.m. AND 6:30 p.m.  
 Fat Chance brings the entertainment at 7:00 p.m.  
 Fireworks begin at dark (approximately 9:30 p.m.)

Join us for some food and a lot of family fun and entertainment. We will kick off the event with the 2nd annual Vienna Inn Chili Dog Eating Contest. In two separate shows, The Old Bay Circus Company, in a hilarious and astonishing one-ring circus, will present lovely aerialists, giant unicycles, madcap juggling, and stunts for the enjoyment of all ages. Kids games and moonbounces will be held on the upper fields and the Little League concession stand will be open to fill your bellies with delicious food and drink! At 7:00 p.m. Vienna's own, Fat Chance will entertain you with songs from all generations while food and drinks will be for sale at the Vienna Little League concession stand. And to top off the fun...our annual fireworks show will close the evening with a bang! Families are encouraged to bring blankets to enjoy the picnic atmosphere at the park and spend the evening with the Town of Vienna celebrating America's Independence!



### 2ND ANNUAL VIENNA INN CHILI DOG EATING CONTEST

\$20.00 registration fee • Must be 18 or older to enter • Participation limited to 10 seats!  
 Register now online at [www.viennava.gov](http://www.viennava.gov) • Activity # 130620-A1 • Call 703-255-6352 for details

### KIDS PIE EATING CONTEST

5:00 p.m. • Ages 5–10 • Participant limited to 10 seats! • Activity # 130621-A1 • FREE but registration required.

## BIG SPLASH PARTY

Join us in celebration of

National Park & Recreation Month for a



Sunday, July 31st  
 1:00 p.m.-3:00 p.m.  
 On the Town Green  
 144 Maple Ave., Vienna

A non-stop fun event for the entire family to include:

- Giant Water Slides
- Slip 'n Slides
- Spinklers
- Moonbounces
- Water Games
- Sno-cones & Music
- Raffles



CAUTION: You WILL get WET!! Call 703-255-6360 for details.

## KIDS

# ADVENTURE

RACE • 2016

For the **FOURTH** year in a row, The Town of Vienna Parks and Recreation Department presents the Kids Adventure Race! Are you ready to get dirty?!?! From hay pyramids to sunken tires, this kid friendly obstacle race is fun for all! The race will take place at Southside Park (1315 Ross Dr.) The race will start promptly at 10:00 a.m. **RAIN** or **SHINE**. All participants will receive a race t-shirt and light refreshments. Pre-registration is **REQUIRED**. There will be no registration the day of.

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
110701-A1	8/13	1	Sa	10-12P	5y-13y	\$7

# INFANT & YOUTH CLASSES



## TWOSEY DOODLERS

**Instructor: Abrakadoodle**

This is a special art class just for toddlers and parents (or helpers). Little fingers will experiment with painting, gluing sticking, printing and creating, while developing fine motor, language and self-help skills. This is an "I can do it!" class that is fun and creative! Each session has new activities and mom's helpers get to play too.

**Tuesday Location: BH**

**Saturday Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
107250-A1	6/7-7/26	8	Tu	9:15-10A	1y-3y	\$102/\$128
107250-B1	6/7-7/26	8	Tu	10:15-11A	18m-3y	\$102/\$128
107250-C1	6/4-7/23	8	Sa	10-10:45A	1y-3y	\$102/\$128

## MINI DOODLERS

**Instructor: Abrtakadoodle**

Children develop their creativity through carefully designed lessons that ignite the imagination and develop skills. Using real artists' materials including watercolors, tempera paints, oil pastels, creative tools and more, the children create masterpieces that are truly unique.

**Tuesday Location: BH**

**Saturday Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
107251-A1	6/7-7/26	8	Tu	11:15-11:45A	3y-6y	\$102/\$128
107251-B1	6/4-7/23	8	Sa	11-11:45A	3y-6y	\$102/\$128

## DOODLERS

**Instructor: Abrakadoodle**

Children create their own unique masterpieces through painting, drawing, and exploring creative materials. Each lesson introduces children to new techniques and artists styles. The teacher provides and guidance and inspiration. Classes help children develop both skills and confidence!

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
107252-A1	6/4-7/23	8	Sa	12:30-1:30P	6y-12y	\$127/\$159

## SPORTS AND GAMES FOR KIDS

**Instructor: Chris Kurtzman**

Learn the fundamentals of team sports such as soccer, basketball, baseball, hockey and volleyball. Children can release energy, get exercise, learn new sports and games, and socialize with other children. Values such as sportsmanship, teamwork, sharing and consideration of others will be stressed. Please bring a large water bottle, and appropriate athletic shoes.

**Location: FD**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
104706-A1	5/18-6/29	7	W	1:30-2:45P	3y-6y	\$105/\$132

## MINI TUMBLERS

**Instructor: Shannon Lake**

This class focuses on beginning tumbling skills. While having fun children will learn body awareness through stretching exercises, animal walks and tumbling skills. Children need to be able to separate from their parent and be a cooperating member of class. \*NO CLASS 7/4

**Location: VVFD**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
104063-A1	6/20-7/11	3	M	2-2:45P	3y-5y	\$16.50/21
104063-B1	6/21-7/12	4	Tu	1:30-2:15P	3y	\$22/\$28
104063-C1	6/21-7/12	4	Tu	2:30-3:15P	4y-5y	\$22/\$28
104063-D1	6/23-7/14	4	Th	1:30-2:15P	4y-5y	\$22/\$28
104063-E1	6/23-7/14	4	Th	2:30-3:15P	3y	\$22/\$28
104063-F1	7/25-8/8	3	M	2-2:45P	3y-5y	\$16.50/21
104063-G1	7/26-8/9	3	Tu	1:30-2:15P	3y	\$16.50/21
104063-H1	7/126-8/9	3	Tu	2:30-3:15P	4y-5y	\$16.50/21
104063-I1	7/28-8/11	3	Th	1:30-2:15P	4y-5y	\$16.50/21
104063-J1	7/28-8/11	3	Th	2:30-3:15P	3y	\$16.50/21

## TUMBLING PLUS

**Instructor: Shannon Lake**

These classes will focus primarily on gymnastics floor exercise skills. There will also be instruction on floor beam as well as springboard. Flexibility and strength will be included. All skill levels welcome. Children will progress based on individual ability levels. \*NO CLASS 7/4

**Location: VVFD**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
114065-A1	6/20-7/11	3	M	3-4P	5y-13y	\$19.50/\$24
114065-B1	6/21-7/14	8	Tu,Th	3:30-4:30P	5y-13y	\$52/\$64
114065-C1	6/21-7/14	8	Tu,Th	4:30-5:30P	5y-13y	\$52/\$64
114065-D1	6/21-7/14	8	Tu,Th	5:30-6:15P	5y-13y	\$44/\$56
114065-E1	7/25-8/8	3	M	3-4P	5y-13y	\$19.50/\$24
114065-F1	7/26-8/11	6	Tu,Th	3:30-4:30P	5y-13y	\$39/\$48
114065-G1	7/26-8/11	6	Tu,Th	4:30-5:30P	5y-13y	\$39/\$48
114065-H1	7/26-8/11	6	Tu,Th	5:30-6:15P	5y-13y	\$33/\$42



## KIDS ADVENTURE RACE

For the FOURTH year in a row, The Town of Vienna Parks and Recreation Department presents the Kids Adventure Race! Are you ready to get dirty!?!?! From hay pyramids to sunken tires, this kid friendly obstacle race is fun for all! The race will take place at Southside Park (1315 Ross Drive) The race will start promptly at 10:00 a.m. RAIN or SHINE. All participants will receive a race t-shirt and light refreshments. Pre-registration is REQUIRED. There will be no registration the day of.

Activity #	Dates	# of Classes	Day	Time	Age	Fee
110701-A1	8/13	1	Sa	10-12P	5y-13y	\$7

# CLUB PHOENIX TEEN CENTER

## TEEN CENTER

Students can enjoy a place of their own at Club Phoenix. The club is a drop-in center where teens can mingle with classmates, get assistances with homework, create crafts, partake in group activities and games. A registration form is required for all teens wishing to participate in any Club Phoenix activity. Registration forms may be picked up at the Parks and Recreations main office, Club Phoenix, and at our web site [www.viennava.gov](http://www.viennava.gov). Club Phoenix is staffed by the Vienna Parks and Recreation Department.

### CLUB PHOENIX LOCATION:

262M Cedar Lane, SE  
Room 10  
Vienna, VA 22180

### The Teen Center will be closed:

July 4

The Teen Center will open early:

June 23: 12:30 p.m. – 10:00 p.m.

## SCHOOL YEAR HOURS OF OPERATION

6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> Grade:

MONDAY/WEDNESDAY/THURSDAY

2:30 p.m. – 6:30 p.m.

TUESDAY

4:00 p.m. – 6:30 p.m.

FRIDAY

2:30 p.m. – 10:00 p.m.

## SUMMER HOURS OF OPERATION

(June 27 – September 2)

MONDAY – THURSDAY 4:00 p.m. – 7:00 p.m.

FRIDAY 4:00 p.m. – 10:00 p.m.

## PHOENIX IN FLIGHT

Thoreau Middle School students join Club Phoenix staff for fun after school activities every Tuesday from 2:15 p.m. – 4:45 p.m. at Thoreau gym.

If your school is interested in having Club Phoenix staff at your school please contact Brian Hanifin, [bhanifin@viennava.gov](mailto:bhanifin@viennava.gov) or 703-255-6352.

## CLUB PHOENIX AFTER SCHOOL PROGRAM

The Club Phoenix After School Program, for grades 6<sup>th</sup> through 8<sup>th</sup>, runs Monday through Thursday 2:30 p.m. to 6:30 p.m. and Friday's from 2:30 p.m. to 6:30 p.m. Homework help, cooking classes, special interest clubs and sports and fitness round out the day's activities. The program is free and open to any teen in the Greater Vienna area. Registration is required. To register or for any questions please, contact Tammy Funk, After School Program Coordinator, at 703-255-5736 or by email, [TFunk@viennava.gov](mailto:TFunk@viennava.gov).

## CLUB PHOENIX EVENTS

### 2nd ANNUAL PHOENIX AWARDS

Saturday, June 11<sup>th</sup>

5:00 p.m. – 7:00 p.m.

Location: Town Hall Council Chambers

Come one, come all and celebrate your local celebrities! You are cordially invited to assist us in honoring the Teen IMPROV Club, Club Phoenix Teen Council, Teen Center Staff along with Community Leaders and Community Partners that are behind making Club Phoenix a success! Light refreshments will be provided.

### CLUB PHOENIX LIVE IMPROV COMEDY SHOW

Saturday, June 18<sup>th</sup>

Show time – 5:30 p.m.

Location: Town Green

Calling all friends, family and anyone who wants to have a good time! Join the Club Phoenix's Improv Comedy Group for Club Phoenix Live Improv Comedy Show. The performers are a group of local youth that have spent the past school year learning and practicing Improv games and situations once a week. The teens have learned quite a bit in the meetings and want to share what they have learned with you. Please join us for an evening of fun and laughter; we hope your funny bone can take it!



# PAJAMA PARTY

### END OF THE YEAR

### NON-SLEEPOVER PAJAMA PARTY

Thursday, June 23<sup>rd</sup>

12:00 p.m. – 10:00 p.m.

Location: CL

To celebrate the end of the 2015–2016 School Year we will be throwing a non-sleepover pajama party. Come in your coziest or silliest pajamas and enjoy pizza, crafts, movies and more fun! We will provide popcorn, snacks and pizza for all Club Phoenix members

### CRAFTERS TUESDAYS

Every Tuesday starting June 28<sup>th</sup> through August 30<sup>th</sup>

4:00 p.m. – 7:00 p.m.

Location: CL

Crayons, paint, scissors and markers galore! A very artsy summer we have in store! Bring your creative spirit and join us in expressing our crafty side.

# CLUB PHOENIX EVENTS



## SUMMER FUN BINGO WEDNESDAYS

Every Wednesday starting June 29<sup>th</sup> through August 31<sup>st</sup>

4:00 p.m. - 7:00 p.m.

**Location: CL**

Vertical, horizontal, diagonal or picture frame- whatever your strategy, join us for these fun filled afternoons of BINGO. Teens can win fun and crazy prizes along with some other cool surprises.

## SUPERHERO SUMMER THURSDAYS

Every Thursday starting June 30<sup>th</sup> through September 1<sup>st</sup>

4:00 p.m.-7:00 p.m.

**Location: CL**

Super Heroes are fictional characters attributed with superhuman, supernatural, or paranormal abilities — “superpowers.” If you could have one superpower, what would it be? Each Thursday we will watch a superhero themed movie and teens will have a project to complete. At the end of the summer each weekly project will be put together for teens to create their personalized superhero graphic novel.

## EXPERIMENT FRIDAYS

Every Friday starting July 1<sup>st</sup> through September 1<sup>st</sup>

4:00 p.m.-7:00 p.m.

**Location: CL**

Each Friday we will turn Club Phoenix into our own mini lab and explore the wackier side of science. You don't have to be a true scientist to enjoy some fun and exciting experiment in the world of what happens if...



## TWEENS AND TEENS DINE AND CREATE TILL 8

No matter the skill level everyone walks out with their very own art work. Each tween and teen will be provided with the following materials: paint, canvas or blank canvas and brushes. As we await the arrival of all of the artist chips and dips will be served as we get to know one another. Then once we all have everyone accounted for everyone will be allowed to choose their canvases. We will have canvases that are preprinted for those not comfortable with creating their own artwork along with blank canvas for those risk takers. Then as we wait for our art work to start drying our catered dinner a from local restaurant will be served. All art work is to go home with each teen that night we are unable to store left artwork.

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR Fee
127410-A1	6/25	1	Sa	5-8P	11y-15y	\$30/\$38
127410-B1	7/30	1	Sa	5-8P	11y-15y	\$30/\$38
127410-C1	8/20	1	Sa	5-8P	11y-15y	\$30/\$38



## CLUB PHOENIX PARK TAKEOVER

This Summer Club Phoenix Teen Center and the Town of Vienna Park and Recreation Department will continue to bring you the pop-up Teen Center for all registered Club Phoenix member in grades rising 6<sup>th</sup>-9<sup>th</sup>. All events are free and located outdoors. Have teens dress accordingly. Participants must wear sneakers in order to take part in the games. Teens must be dropped off by a parent or guardian.

**Friday, July 29<sup>th</sup>**

**7:00 p.m. - 9:00 p.m.**

Join us at Meadow Lane Park for a Tennis Court Dodgeball Game

**Friday, August 12<sup>th</sup>**

**7:00 p.m. - 9:00 p.m.**

Join us at Glyndon Park for a night of Flashlight Manhunt

## “THE PHOENIX” PARENT E-NEWSLETTER

The Club Phoenix Parent E-Newsletter “The Phoenix” will keep you informed of schedule changes, special events, center closures and after school activities. You can add your e-mail at the Teen Center, call **703-255-5736** or email [bhanifn@viennava.gov](mailto:bhanifn@viennava.gov).

## TEEN COUNCIL

**President: Reese Noyes**

**Vice President: Graham McCarthy**

The Teen Council, a group of youth from Club Phoenix participates in many events ranging from stream cleanups to kids' activities in hopes of making a difference in their community. The teens are also leaders at Club Phoenix by providing education on youth issues and volunteering at special events. If you are in 6<sup>th</sup> grade or older an application can be picked up our temporary location 262 M Cedar Lane SE Unit 4. Teens are chaperoned by an adult advisor on each volunteer outing. Call **703-255-5736** or e-mail [tfunk@viennava.gov](mailto:tfunk@viennava.gov) for more information.

## TEEN IMPROV CLUB

The “Teen Improv Club” is a chance for teens to flex their comedy muscles by participation in a series of improv and sketch comedy classes. During the school year, the group meets once a week every Friday night from 7:00 p.m.-8:00 p.m. at Club Phoenix and will culminate in a final performance for family and friends. It doesn't matter if you have never tried comedy; the class is open to newcomers as well as experienced comics. You will participate in improve games and write comedic sketches to enhance your skills. Bring your funny bone, be ready to laugh and have a lot of fun! For more information please **703-255-5736** or email [tfunk@viennava.gov](mailto:tfunk@viennava.gov).



# ADULT ART CLASSES



## BEGINNING WHEEL II/ INTERMEDIATE WHEEL

**Instructor: Lori Yanokvitz**

This Beginner Two class is for students that have had at least 4 semesters of Beginning Wheel One class or the equivalent and have been introduced to the basics of wheel pottery, centering, throwing, trimming, and glazing. Students should purchase a basic tool kit consisting of a sponge, needle tool, wire and wooden sculpting tools, which are available at an arts and crafts store. Students wishing to work on larger pieces or multiple pieces should consider purchasing their own bats. \*NO CLASS 7/4

**Location: BH**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
137211-A1	6/13-7/25	6	M	6:30-9:30P	Adult	\$108/\$135/\$108
137215-A1	6/17-7/22	6	F	6:30-9:30P	Adult	\$108/\$135/\$108

## INTERMEDIATE WHEEL

**Instructor: Lori Yankovitz**

This class is designed to expand on the basics taught in beginning wheel. In this class we usual work in depth on one or two projects per session. Projects include, but are not limited to, throwing larger forms, lidded pieces, decorating techniques, refining our work, glazing and much more. All students interested in this class should have at least two years of current beginning classes or approval from the instructor prior to registering. Students should bring a sponge, old towel and bats to class.

**Location: BH**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
137212-A1	6/14-7/19	6	Tu	4-7P	Adult	\$108/\$135/\$108

## ADVANCED WHEEL

**Tuesday Instructor: Student led class**

**Wednesday Instructor: Lori Yankovitz**

You will learn a variety of advanced techniques and will learn to refine your work both aesthetically and functionally during the evening class. Students should bring a sponge, old towel and bats to class.

**Location: BH**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
137213-A1	6/14-7/19	6	Tu	9:30-12:30P	Adult	\$54/\$67.50/\$54
137213-B1	6/15-7/20	6	W	6:30-9:30P	Adult	\$108/\$135/\$108



## HANDBUILDING

**Instructor: Treena Rinaldi**

You will learn various methods of handbuilding pots for both functional and decorative use and will learn a variety of glazing and decorating techniques. Advanced students entering the class are encouraged to develop and work on specialized projects.

**Location: BH**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
137214-A1	6/16-7/21	6	Th	9:30-12:30P	Adult	\$108/\$135/\$108
137214-B1	6/16-7/21	6	Th	7-10P	Adult	\$108/\$135/\$108



## POTTERY LAB

Open to all adults in the Pottery program. \$45 per person for unlimited lab time on each day offered. \$15 for 25 pounds of clay which includes glazes and firings. Only clay purchased from the Recreation Department may be used in the studio. Children may not accompany parents to lab. There is NO online registration for Pottery Lab. Please register at the Vienna Parks and Recreation Business office \*NO CLASS 7/2,7/4

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
137210-A1	6/22-7/30	18	W	9:30A-1:30p	Adult	\$45/\$45/\$45
			TH	9:30A-10P		
			SA	10A-3:30p		

# ADULT FITNESS AND ATHLETICS



## BOOT CAMP

**Instructor: Liz Lucca**

Join us for a workout that is fun, challenging and different each day. We will focus on strength, core, and cardiovascular endurance. Boot camp offers interval and strength training and is geared toward all fitness levels with modifications offered for the beginner to the advanced. We welcome kids of all ages to watch or play while you workout! Please remember to bring a water bottle and a mat.

\*NO CLASS 7/19, 7/21

**Location VVFD**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
103050-A1	6/7-6/28	4	Tu	9:50-10:50A	Adult	\$20/\$25/\$10
103050-B1	6/9-6/30	4	Th	9:50-10:50A	Adult	\$20/\$25/\$10
103050-C1	7/5-7/26	4	Tu	9:50-10:50A	Adult	\$15/\$18.75/\$7.50
103050-D1	7/7-7/28	4	Th	9:50-10:50A	Adult	\$15/\$18.75/\$7.50

## JAZZERCISE

**Instructor: Joan Brown**

The original aerobic exercise class, Jazzercise, combines dance, strength training, yoga, Pilates and kickboxing movements into one fun and effective total body workout. The mix of Latin, hip hop and jazz dance movements make Jazzercise feel more like a girl's night out than a workout!

Wildly imitated but never duplicated, routines are choreographed to current hits by major recording artists. With its fresh moves, new music and pure motivation, no other fitness program comes close. You'll burn up to 600 calories in one 60-minute Jazzercise class! Ready to give Jazzercise a try?

### Schedule :

**M/W/F — Vienna Volunteer Fire Department**

**9:30 a.m. – 10:30 a.m.**

**M/W — Vienna Baptist Church**

**6:30 p.m. – 7:30 p.m.**

**TH — Vienna Baptist Church**

**5:45 p.m. – 6:45 p.m.**

Fee : \$40 monthly EFT (electronic funds transfer) — unlimited (automatically debited from a credit card or checking account)

**\$50 monthly unlimited pass — purchased in class**

**\$15 daily walk-in (1 class)**

**\$30 one-time joining fee**

Please call Joan at **703-362-6653** to register or go to [www.jazzercise.com](http://www.jazzercise.com) to register on-line

## ZUMBA LATIN AEROBICS

**Instructor: Lupe Rother**

Have Fun dancing to Zumba, an aerobics dance class with Latin and other exotic world beats, and become a fitter you! This dancercise class promotes freedom of expression through body movement while tapping into the energy and excitement of Latin dancing. It will help you to strengthen, shape, burn calories, tone & sculpt your body, while you learn popular dances such as Merengue, Salsa, Belly, Cumbia, Samba, Bachata, Reggaeton, Cha Cha and more.

\*NO CLASS 7/2,7/4,7/6,7/20

**Monday Location: VBC**

**Wednesday Location: VVFD**

**Saturday Location: VVFD**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
133021-A1	6/6-7/25	7	M	7-8P	Adult	\$70/\$87.50/\$70
133021-B1	6/8-8/24	10	W	7-8P	Adult	\$100/\$125/\$100
133021-C1	6/18-8/6	7	Sa	10-11A	Adult	\$70/\$87.50/\$70

## CARDIOBOXING

**Instructor: Fee Pearson**

This 45-minute calorie blasting workout uses aerobics, kicks, and punches to improve fitness. Although this class is high energy, variations are demonstrated for high and low impact. Kick, jab, and punch your way to fitness to the hottest dance music.

\*NO CLASS 7/6,8/10

**Location: VBC**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
133022-A1	6/8-8/17	9	W	8:15-9P	Adult	\$99/\$123.75/\$99

## BOUNCE FITNESS BOOT CAMP

**Instructor: Bounce Fitness Instructor**

A popular interval class that mixes calisthenics and body weight exercises with cardio and strength training. These boot camps are designed in a way to be different all the time, and push our participants harder than they'd push themselves. We want to keep you guessing - and challenge you differently every class! Although our instructors may push you like a drill sergeant, our goal is to offer encouragement rather than intimidation. We want you to have tons of fun - but please be prepared for some high intensity training! Please bring a yoga mat to class. \*NO CLASS 7/4

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
133023-A1	6/13-8/8	8	M	12-1P	Adult	\$80/\$100/\$80

## BEGINNER TAI CHI

**Instructor: David Cohen**

Tai chi's graceful and precise movements develop balance, alignment and relaxation. Unlike purely physical exercise, this gentle yet powerful discipline integrates body, mind and spirit. Cohen, a certified instructor, will introduce you to techniques for balance and proper breathing.

**Location: TH**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
133030-A1	6/1-7/20	8	W	9:30-11A	Adult	\$60/\$75/\$60



# ADULT FITNESS AND ATHLETICS

## YOGA

### HATHA YOGA BEGINNER

**Instructor: John Giunta, MA/FRC**

Have fun while we gain flexibility, strength, improve concentration and achieve deeper union of body, mind and spirit with authentic classical yoga teachings. Dress for movement and bring a mat. Also bring a folded towel if you think you need extra padding. John has made a pilgrimage to India, studying Raja yoga and Vedanta. He is a senior yoga teacher certified by the Himalayan Institute and has over 35 years of teaching experience. John is a Reiki practitioner, a yoga therapist and consultant on yoga listed with George Mason University Arts Wellness Program. John is a degreed professional musician and provides his own live music on a variety of instruments for meditation at the end of the class. He has had numerous articles published on the subjects of yoga and music. He was ordained as an Interfaith Minister in 2004. \*NO CLASS 7/4, 7/18

**Tuesday Location: VVFD**

**Monday Location: VBC**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
133050-A1	6/14-8/9	9	Tu	7-8:30P	Adult	\$90/\$112.50/\$90
133050-B1	6/13-8/22	9	M	12:30-1:30P	Adult	\$90/\$112.50/\$90

### HATHA YOGA BEGINNER/ INTERMEDIATE

**Instructor: John Giunta, MA/FRC**

This is John Giunta's group of students with some past experience in any yoga tradition. Students who attend this group should know their safe range of motion and have a basic knowledge of some of the major postures/asanas in yoga. This is a classical yoga tradition from the teachings of Hatha yoga and Raja yoga as taught at the Himalayan Institute, founded by Swami Rama. While we move, other subjects to be addressed will be pranayama, the chakras, basic meditation, spiritual and psychological subjects related to yoga-- all taught without dogma. Inverted postures will be taught according to the interests of the class. John, who is a professional musician, will provide his own live music at the beginning of the meditation portion of the class. For other details about John's background, see the course description under the beginner's class.

**Location: VBC**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
133051-A1	6/18-8/13	9	Sa	7-8:30A	Adult	\$90/\$112.50/\$90



### HATHA YOGA ONGOING/ EXPERIENCED

**Instructor: John Giunta, MA/FRC**

This is John Giunta's group of students with some past experience in any yoga tradition. Students who attend this group should know their safe range of motion and have a basic knowledge of some of the major postures/asanas in yoga. This is a classical yoga tradition from the teachings of Hatha yoga and Raja yoga as taught at the Himalayan Institute, founded by Swami Rama. While we move, other subjects to be addressed will be pranayama, the chakras, basic meditation, spiritual and psychological subjects related to yoga — all taught without dogma. Inverted postures will be taught according to the interests of the class. John, who is a professional musician, will provide his own live music at the beginning of the meditation portion of the class. For other details about John's background, see the course description under the beginner's class.

**Location: VBC**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
133052-A1	6/16-8/11	9	Th	7-8:30P	Adult	\$90/\$112.50/\$90

### YOGA FUSION

**Instructor: Joann Meginley**

This is a Vinyasa/flow style class with core and stretching exercises. One yoga pose leads into the next, and movement is synchronized with breath. Class starts with gentle yoga, works up to a faster pace, we will go on the mat for Pilates/core exercises and end with stretching and flexibility. In this class you will gain strength, tone, flexibility, concentration, and balance. All levels are welcome. Bring a mat and water \*NO CLASS 7/5

**Location: Town Green**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
133053-A1	5/31-8/30	13	Tu	7-8P	Adult	FREE

### MORNING FITNESS WAKEUP

**Instructor: Nathan Greiner**

This class is a group personal training program for adults run by certified personal trainers. Get the benefits of your own personal trainer at a fraction of the cost. The program runs monthly every Monday, Wednesday and Friday continuously throughout the year. It is designed to promote long lasting healthy habits and reduce the effects of aging in adults. Class will incorporate: ~ Interval Training — a combination of various HIIT interval styles designed to rev up the metabolism and burn calories ~ Weight Training — using body weight training and/or free weights to build strong bones and muscles and maintain a healthy weight ~ Cardiovascular Conditioning Exercises — designed to increase heart efficiency and melt away fat ~ Flexibility Training — stretches and exercises designed to aid in connective tissue health and myofascial release. \*NO CLASS 7/4,7/6,7/8,8/5,8/8,9/5

**Location: VBC**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
133429-A1	7/1-7/29	10	M,W,F	6-7A	Adult	\$137.50/\$172/\$137
133429-B1	8/1-8/31	12	M,W,F	6-7A	Adult	\$165/\$206.25/\$165
133429-C1	9/2-9/30	12	M,W,F	6-7A	Adult	\$165/\$206.25/\$165

# ADULT FITNESS AND CLASSES



## PILATES



### PILATES WITH PROPS

**Instructor: Bodymoves Fitness, LLC**

Pilates with Props extends the benefits of Pilates by employing small apparatus including flex bands and sponge balls to increase the range of intensity of Pilates mat exercises. The latter weeks of class add an element of balance work through the use of the Swiss Ball. (Optional material fee in class to purchase a burst-resistant, 55cm Swiss Ball from instructor or bring your own.) Please bring a mat to class.

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
133500-A1	6/14-8/23	11	Tu	12:30-1:30P	Adult	\$132/\$165/\$132

### STONE AND STRETCH

**Instructor: Bodymoves Fitness, LLC**

This mat based class fuses elements of yoga, Pilates and dance training to restore/maintain/improve flexibility, strength, balance and range of motion in a gently and accessible format. Please bring a mat to class. \*NO CLASS 7/4

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
133501-A1	6/13-8/22	10	M	7-8P	Adult	\$120/\$150/\$120

### PILATES MAT

**Instructor: Bodymoves Fitness, LLC**

Enjoy the numerous benefits of this popular discipline. Strengthen the torso, including the body's "powerhouse" area; enhance balance and muscle control while increasing flexibility and range of motion; develop proper body alignment, "lengthening" the spine, and connect mind to muscles using the breath and mental focus. Please bring a mat to class.

**Location: VBC**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
133502-A1	6/15-8/24	11	W	7-8P	Adult	\$132/\$165/\$132

## PARENTING:

### A TRANSFORMATIONAL JOURNEY

**Instructor: Nina Sichel**

Married, partnered or single, through childbirth, adoption or step-parenting, raising a child changes you in profound ways. Join us in exploring how identity shifts and reshapes itself in parenting. We will meet once per week in small groups for six guided writing sessions. Using selected quotes, writing prompts and discussion, we will move from how you made the decision to become a parent to the birth, adoption or blended family story, from the ways in which you nurture family and self to the legacy you wish to leave. Between meetings, you will maintain a writing journal, elaborating on the session exercises and responding to additional prompts.

**Location: TH**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
139432-A1	5/26-6/30	6	Th	1-3P	Adult	\$75/\$87/\$75

## COMPUTER MAINTENANCE

**Instructor: Andy Livingston**

Students will learn how to keep their computers running smoothly by learning to use system tools, utility programs, firewalls, and virus protection. They will also learn how to handle a computer crash, decipher error messages, delete files, cookies and unwanted programs and keep their computers updated automatically. In addition, computer hardware maintenance will be discussed, along with proper surge protection and wireless network protection and MUCH MORE! Students can bring their own equipment if they like.

**Location: TH**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
137621-A1	6/7-6/14	2	T	10-12P	Adult	\$68/\$85/\$68

## COLLEGE ADMISSION AND FUNDING: SECRETS REVEALED

The college admissions process is ever-changing and has become more competitive than ever. From how to get in and how to pay the bill, parents need to educate themselves early to make sure that their children are positioned for the best chances of success. Colleen Ganjian, President of DC College Counseling in Vienna, and Mike Romano, Vice President — Investment Officer of Wells Fargo Advisors LLC, will participate as guest speakers and educate parents about the true state of college funding and college admissions today and provide practical advice to guide decision making.

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
132303-A1	6/22	1	W	6:30-7:30P	Adult	FREE

## SPRING ACTIVITIES

*Don't miss these exciting Spring activities that still have space available!*

(Please see the Spring brochure or our website for activity details)

- #441242-A1 Hillwood Estates and Gardens Tour
- #441240-A1 Bay Lighthouse Cruise
- #442485-A1 Massage Techniques for Alzheimer's Patients
- #441561-A1 Social Security: Benefits and Your Retirement Income Plan
- #441564-A1 Get Fit While You Sit

- #442482-A1 Strength Training For Older Adults
- #441563-A1 Raising Healthy Children
- #441243-A1 What Matters Most — Inspiration For Your Financial Future
- #442484-A1 Appraisal Show



# FAMILY TRIPS AND MATURE ADULT PROGRAMS



## BLACKWATER WILDLIFE REFUGE & CHOPTANK RIVERBOAT LUNCH

Blackwater Wildlife Refuge is located on Maryland's Eastern Shore, and is home to an incredible amount of plant and animal diversity in its three major habitats — forest, marsh and shallow water. We will take a Wildlife drive that will offer excellent views of the Refuge. Our next stop will be to Hurlock, MD to board an 80 foot turn-of-the-century paddlewheel boat for a lunch cruise, as we savor the scenery along the Choptank River. The boat is has a fully enclosed lower deck with air conditioning, and a covered upper deck with great views.

**Location for pick up: VVFD parking Lot 400 Center Street S.**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
141566-A1	7/13	1	W	7-4P	Adult	\$87/\$108/\$87



## RIVERSIDE THEATRE — “OKLAHOMA!”

Riverside Theatre in Fredericksburg, VA will present Rodgers & Hammerstein's "Oklahoma!" For the performance you will be served a three-course gourmet meal brought to your table for an additional level of service not commonly found in dinner theaters.

**Location for pick up: VVFD Parking Lot 400 Center Street S.**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
141567-A1	7/27	1	W	10-5:30P	Adult	\$88/\$110/\$88

**PLEASE NOTE: Buses for trips do not have restrooms.**

## DROP-IN AND ON-GOING RECREATIONAL PROGRAMS

### PICKLEBALL

**Monday, Wednesday, Friday**

**8:30 a.m.–11:00 a.m.**

Pickleball is a cross between tennis and badminton. This is a fun and easy game to learn and can be played by anyone regardless of athletic ability. Come and be a part of our regular group of very enthusiastic players. We have all levels in our groups. No equipment is necessary, paddles and balls are provided. No reservations are necessary, just show up, play and make some new friends!

**Location: Glyndon Park**

### TABLE TENNIS

**Monday–Friday**

**9:00 a.m.–4:00 p.m.**

Just show up and join us for a fun game of table tennis. Individuals of all playing abilities are welcome. \*NO TABLE TENNIS 5/30

**Location: PCC**

### TAI CHI CHUAN DROP-IN

**Beginner: Wednesday, 7:15 a.m.–8:15 a.m.**

**Intermediate: Tuesday/Thursday/Friday, 7:15 a.m.–8:15 a.m.**

Tai Chi Chuan is basically a martial art, but consists of a system of soft intrinsic exercises. It is the body controlled by the mind. It is this mind, which is actually the moving force present in every motion.

All patterns and movements are composed of circles, arcs, curves, and spirals of all sizes, going in all directions. Tai Chi Chuan builds good physique and all muscles and joints are exercised. It will improve inner body health due to deep and concentrated breathing, cultivates patience and restraint, influences nervous, cardiovascular, and respiratory and digestive systems and immensely improves balance, which normally deteriorates with age. \*NO CLASS JUNE 10

**Location: VVFD**

### BRIDGING THE GAP IN TECHNOLOGY

**First Wednesday of each month, 3:15 p.m.–4:00 p.m.**

Younger people usually learn from the knowledge and experience of their elders but technology has reversed that tradition, especially when it comes to learning about high-tech devices and the Internet. Whether you've just gotten a new device or just want to better operate the one you have, these FREE sessions will help you learn a little about how to use your Ipad and Iphone. James Madison seniors, who have grown up in the digital age will answer your questions in these one-on-one sessions. To make an appointment call **703-255-7801**.

**Location: CL**

**Vienna Parks and Recreation hosts the following activities for Mature Adults. Kindly call the group coordinator for specific details about membership and events.**

### NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES ASSOCIATION (NARFE)

**VIENNA-OAKTON CHAPTER**

**Group Coordinator: Ralph Dantine — 703-938-9757**

NARFE meets the second Tuesday of the month at 1:30 p.m.

**Location: American Legion Post #180 330 Center Street N, VA**

### THE VIENNA SENIORS BRIDGE CLUB

**Group Coordinator: Keith Openshaw — 703-876-5306**

**Openshaw.keith@gmail.com**

Intermediate and advanced bridge players are invited to attend our gatherings on Wednesdays at 10:30 a.m.–2:00 p.m. for bridge. There are refreshments and a lunch break at about noon.

**Location: Contact Group Coordinator**

# MATURE ADULT CLASSES AND SEMINARS



## PERSONAL HISTORY

Our lives are filled with unique experiences, which make future generations more knowledgeable, when shared through written autobiographies. This is an opportunity to record the story of your life for your children, grandchildren, and generations to come. This class is run by participants and does not have formal instruction. It is for fun, friendship and supportive feedback. Participants, who have been attending this class for several years, welcome new people. If a more formal writing class is not for you, consider this program as a place to share stories. A \$5 cash donation is paid in class to purchase coffee, tea, sugar, and creamer to be served at each class. There are 30 spaces available in this class.

**Location: PHL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
142480-A1	7/7-8/18	7	Th	10:40-12:40P	Adult	FREE

## AGING IN GRACE

Experts say the keys to successful aging include accepting changes and finding meaningful activities. Aging gracefully isn't always easy, but attitude matters a lot. Join Irina Nikitina, a Geriatric Care Manager with Attenda Home Care, who will share the Seven Keys to Later Life Well-Being. Learn how to live your best life through lifestyle changes that really matter. Snacks and refreshments will be provided. This is a FREE lecture. Registration is preferred.

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
142481-A1	7/18	1	M	10-11A	Adult	FREE

## “STOP MUMBLING, I CAN’T HEAR YOU!”

Join Bonnie O’Leary, Outreach Manager the Northern Virginia Resource Center for Deaf and Hard of Hearing Persons (NVRC), as she presents a program on hearing loss. This will include the types and causes of hearing loss, tinnitus, the differences between an audiologist and a hearing instrument specialist, what happens in a hearing evaluation, how to interpret an audiogram, the types and costs of hearing aids, the impact of hearing loss on communication, and a look at personal amplifiers as an alternative to hearing aids. The State’s Technology Assistance Program will also be explained. Note: there are no sales involved in this presentation. Bonnie is a late-deafened adult who has been providing outreach to seniors throughout Northern Virginia for 15 years. Registration is preferred.

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
142482-A1	6/27	1	M	10-11A	Adult	FREE

## BALANCE, DIZZINESS AND FALLS

Join Kim Johnson, with Ascend Physical Therapy in Vienna, to learn about the common causes of dizziness/vertigo, imbalance and falls and how physical therapy can be an essential tool for treatment. This is a FREE lecture. Registration is preferred.

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
142520-A1	7/25	1	M	10-11A	Adult	FREE

## CONTROLLING THE CLUTTER

Do you spend too much time looking for that bill that’s due? Can you shred that paper or do you need to hold on to it? Can you lay your hands on your insurance information when it’s needed quickly? Please join Maria Spetalnik, Certified Professional Organizer, as she teaches us how to knock down the paperwork mountain. This is a FREE lecture. Registration is preferred.

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
142521-A1	7/11	1	M	10-11A	Adult	FREE

## AARP HOME FIT WORKSHOP

This AARP Home Fit Workshop will provide information on how to decide what type of home modifications are needed to stay in your home as you age. Jane King, an AARP representative will provide ideas and inspiration on making those modifications. This workshop will educate you on home updates that can make it easier for you to go about your daily activities while staying comfortable, independent, and injury-free in your home. This is a FREE workshop. Registration is preferred.

**Location: CL**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
142522-A1	8/8	1	M	10-11A	Adult	FREE

## ABC’S FOR SENIORS

**Instructor: Teresa Fletcher**

This class is for older adults who want to improve and maintain their every day activities of daily living. The class includes balance exercises, a mild cardio workout, bending, squatting and reaching exercises as well as strength training, and stretches for increased flexibility. Seniors will perform most activities in a chair, and other movements while standing (holding on to a chair). The class uses hand weights, exercise bands, soft balls and other exercise props. If you have your own hand weights please bring them to class as the number of weights available are limited. \*NO CLASS 7/27

**Location: VPC**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
142576-A1	7/6-8/10	5	W	1:45-2:45P	Adult	\$43/\$54/\$43

## SENIOR FITNESS

**Instructor: Tuesday: Joy Harrington**

**Thursday: Teresa Fletcher**

This class is for seniors who have been exercising on a regular basis. If you are new to exercise you should consider one of the beginner classes available. This program will include cardio, weight lifting and stretching to aid in building physical endurance, muscle strength, balance and flexibility. Participants are asked to bring water, hand weights and bands to class. Please note: YOU MUST BE REGISTERED TO PARTICIPATE IN THIS CLASS. The class fee guarantees a minimum of 10 classes. There may be some classes canceled based on the teacher’s availability. For Town of Vienna residents 65 years and older, there is no fee. \*NO CLASS 7/19,7/21

**Location: VVFD**

Activity #	Dates	# of Classes	Day	Time	Age	R/NR/RSR Fee
143470-A1	7/5-8/11	10	Tu,Th	11-12P	Adult	\$18/\$23/\$0



# REGISTRATION FORM

VCC USE ONLY • DATE: \_\_\_\_\_ REGISTRATION ACCEPTED BY: \_\_\_\_\_

### TOWN OF VIENNA PARKS AND RECREATION

120 Cherry Street, S.E. • Vienna, Virginia 22180 • Phone: 703-255-6360 • Fax: 703-255-6399 • www.viennava.gov

CHECK ONE:  Resident  Non-Resident • CHANGE OF ADDRESS:  Yes  No • EMAIL ADDRESS CHANGE  Yes  No

### ONE HOUSEHOLD PER REGISTRATION FORM

Head of Household Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Work Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Cell Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Email Address: \_\_\_\_\_

Emergency Contact (Name): \_\_\_\_\_ Emergency Contact Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

PARTICIPANT NAME FIRST/LAST NAME	BIRTH DATE	M/F	ACTIVITY NUMBER AND SECTION	ACTIVITY NAME	FEE
John Doe	1/2/03	M	222222 - B1	Gymnastics	\$32

**PAYMENT METHOD**

CHECK made payable to: TOWN OF VIENNA TOTAL: \_\_\_\_\_

CASH (Exact change only) TOTAL: \_\_\_\_\_

CREDIT CARD: TOTAL: \_\_\_\_\_

American Express \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. date: \_\_\_\_ / \_\_\_\_

Discover \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. date: \_\_\_\_ / \_\_\_\_

Master Card \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. date: \_\_\_\_ / \_\_\_\_

VISA \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. date: \_\_\_\_ / \_\_\_\_

Signature: \_\_\_\_\_ (I agree to pay above credit card total)

<b>TOTAL FEES:</b>	_____
<b>LESS HOUSEHOLD CREDIT:</b>	_____
<b>TOTAL PAID:</b>	_____

### CHECK REFUND POLICY BEFORE REGISTERING FOR CLASS

In consideration of the registrant being granted permission by the Town of Vienna, Virginia to participate in this program and associated activities. I hereby release the Town of Vienna, Virginia and its officers, employees, agents, and volunteers from any and all liability relating to or arising out of the registrant's participation. The Town neither endorses nor provides any financial advice or counseling and financial counselors and/or lecturers are not employed by the Town. Any registrant to a financial counseling seminar or lecture assumed all risk of loss as a result of following any lecturer's advice. I authorize the Town of Vienna and its officials, employees, agents and volunteers, at any such person's discretion to administer emergency first aid treatment and at my expense to obtain the services of a physician(s) and/or rescue squad and authorize the same to effect such treatment of the registrant as they deem advisable. Participants in activities sponsored or cosponsored by the Park and Recreation Department consent to the department's use of any photograph, in film or videotape of the activity in any marketing or promotional materials.

SIGNATURE OF PARTICIPANT, PARENT, GUARDIAN \_\_\_\_\_ DATE: \_\_\_\_\_

# Town of Vienna Parks and Recreation

120 Cherry Street, S.E.  
Vienna, Virginia 22180



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**TOWN OF VIENNA RESIDENT  
VIENNA, VIRGINIA**

## TOWN GREEN SCHEDULE FOR 2016

The concerts are a series of free performances presented by the Town of Vienna and its sponsors. All performances are held at the Vienna Town Green, 144 Maple Avenue E, Vienna, VA. Please bring your chairs and/or blankets. No alcoholic beverages are permitted. In the event of rain, please call the weather line at **703-255-7842** or the office at **703-255-6360** two hours before the event. We recommend leaving pets at home.

### FRIDAY — 6:30 p.m.

- May 20 . . . . . Sarah Bennett Swanner —  
Soulful Blues
- June 3 . . . . . Kingsley Winter Band — Rock
- June 10 . . . . . Vienna Idol — Raindate June 11
- June 24 . . . . . Night Hawks — Swing Band
- July 1 . . . . . US Navy Commodores — Jazz
- July 8 . . . . . Shenandoah Run — Folk Americana
- July 15 . . . . . Bill Emerson and the Sweet  
Dixie Band — Bluegrass
- July 22 . . . . . Feedback — Rock
- July 29 . . . . . Wayne Typmanick —  
Jazz/Dixieland
- August 5 . . . . . US Navy Band Cruisers —  
Rock
- August 12 . . . . . Richard Walton Group
- August 19 . . . . . NRJ — Classic Rock and Country



### SPECIAL WEDNESDAY — 6:30 p.m.

- June 15 . . . . . Rocknoceros — Sponsored by  
Vienna Mom's, Inc. Whole Foods  
and Evergreen Homes

### SATURDAY — 11:00 a.m. – 4:00 p.m.

- June 11 . . . . . Teens on the Green — Sponsored by  
Club Phoenix Teen Center

### 5:00 p.m. – 7:00 p.m.

- June 18 . . . . . Teen Improv Show — Sponsored by  
Club Phoenix Teen Center  
Improv Club

### SUNDAY — 6:30 p.m.

- May 22 . . . . . US Navy Band Sea Chanters — Choral
- June 26 . . . . . Dead Men's Hollow (Bluegrass) —  
Sponsored by the Martin Family
- July 24 . . . . . Vienna Community Band

### SUMMER STORIES AND SPRINKLERS — Wednesday, June 29–August 3

Children can come and enjoy stories behind the Historic Little Library located behind the Freeman Store 131 Church Street NE at 1:00 p.m. and then cool off with our sprinklers on the Town Green Lawn at 1:30 p.m.

### Tuesday Nights — Free Yoga Fusion

*Registration Required. See page 27 for details.*